

Day 10  
Happy Hour  
Harking back

The Verge



# VW beats Tesla to the punch and unveils an affordable electric vehicle

The Volkswagen ID. 2all is just a concept for now, but the automaker says it will be a true EV for the masses, with a starting price of 25,000 euros (\$26,600).

ANDREW

- 'beat sb to sth/...
- ,beat sb 'to it

to get somewhere or do sth before sb else 抢先；捷足先登

- ◆ *She beat me to the top of the hill.* 🔊 🔊

她比我先到达山顶。

- ◆ *I was about to take the last cake, but he beat me to it.* 🔊 🔊

我正要拿那最后一块蛋糕，却给他抢先一步。



ineffective to the downright dodgy. The new class of drugs, called GLP-1 receptor agonists, seems actually to work. Semaglutide, developed by Novo Nordisk, a Danish pharmaceutical firm, has been shown in clinical trials to lead to weight loss of about 15%. It is already being sold under the brand name Wegovy in America, Denmark and Norway and will soon be available

in other countries; Ozempic, a lower-dose version, is a diabetes drug that is also being used “off label” for weight loss. A rival GLP-1 drug, made by Eli Lilly, an American firm, is due to come on sale later this year and is more effective still. Analysts think the market for GLP-1 drugs could reach \$150bn by 2031, not far off the market for cancer drugs today. Some think they could become as common as beta blockers or statins.



GLP-1 "beat \* to the punch"



佛历2552年5月17日 — Tirzepatide works as a dual GIP and GLP-1 agonist and has been racing ... attempt to catch up to Amgen, which beat Mirati to the punch.



diabetesincontrol.com

<https://www.diabetesincontrol.com/how-hi...> ▼ 翻译此页

## How High Blood Sugars Damage Blood Vessels

佛历2552年5月26日 — O-GlcNAc seems to beat phosphorylation to the punch so there is the opposite result. Victor Lima, a graduate student at the University of ...



fda.gov

<https://www.accessdata.fda.gov/nda> ▼ PDF

## ADMINISTRATIVE and CORRESPONDENCE DOCUMENTS

佛历2552年7月15日 — been clinical cases of thyroid cancer with exenatide, the only FDA-approved GLP-1 analog, and with exenatide once-weekly injection.

56 页



reuters.com

<https://www.reuters.com/article> ▼ 翻译此页

## In world of fast-paced Trump satire, 'The Simpsons' go medieval

佛历2560年9月29日 — “We can't beat them to the punch. ... “Wealth and equality and the 1 percent and healthcare - we just wrote those because we thought these ...

缺少字词: GLP- | 必须包含: GLP-



evaluate.com

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## Big pharma catalysts to ring in the new year | Evaluate

佛历2563年12月15日 — Eli Lilly is targeting type 2 diabetes with the dual GIP/GLP-1 agonist ...

Novartis might, however, beat both products to the punch.



beachbodyondemand.com

<https://www.beachbodyondemand.com/blog> ▼ 翻译此页

Unapologetically be yourself.  
Unabashedly love yourself.

and then if it comes with the tag of  
being selfish embrace it too but be  
YOU.

– Monika yadav



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be  
undeniably,  
unequivocally,  
unwaveringly,  
unmistakably,  
unquestionably,  
unflinchingly,  
unabashedly,  
unapologetically  
you.

For the length of the life u live,  
live it unapologetically, unabashedly and  
sincerely.  
Love shamelessly.  
Contribute to d world as much as u can.  
Be a sport...Take part in this world  
whole-heartedly.

– Devishree



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- 注意搭配
- 简单粗暴背下来
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# Which bank will be next?

The world in brief • Mar 17th 2023 • 1 min read



It is a week since [Silicon Valley Bank](#) collapsed, sending shockwaves through financial markets. A [solvency problem](#) at a mid-sized American lender has morphed into a global reassessment of banks' balance sheets. Alarmed investors are hunting for other institutions that might, like SVB, be vulnerable to runs *bank run*

In Europe, scrutiny is focused firmly on [Credit Suisse](#). Ill-judged bets have led to recent multibillion-dollar losses at the Swiss investment bank. On Wednesday its share price cratered after its biggest investor ruled out buying any more stock. An emergency loan from the Swiss central bank of up to SFr50bn (\$54bn) reassured investors.

As in all banking crises, the biggest question now is "who next"? Opaque balance sheets, and the unpredictable tugs of investor confidence, make that impossible to answer. To prop up First Republic, a mid-sized American lender whose share price has also convulsed, a coalition of big American banks said they will deposit \$30bn into it. With fear gripping markets, the spotlight may soon move to others.

→ 简单粗暴背下来



# A green light for Finland in NATO

The world in brief • Mar 17th 2023 • 1 min read



Finland's president, Sauli Niinisto, may return from his trip to Ankara on Friday with no small prize; an end to Turkey's veto of his country's bid to [join NATO](#). Turkey's president, Recep Tayyip Erdogan, has held up the NATO applications of [Finland and Sweden](#) over the past year, accusing both countries—but primarily Sweden—of harbouring Kurdish militants it considers terrorists.

In January diplomatic tensions flared <sup>注意搭配</sup> when a protester burned a Koran near the Turkish embassy in Stockholm, prompting <sup>尚属高频词</sup> Turkey to cancel a visit by Sweden's defence minister to Ankara. But while Turkey continues to block Sweden's membership bid, it appears to have dropped <sup>词单常见好用</sup> its objections to Finland's. "We will meet with the president," Mr Erdogan said on Wednesday, "and keep the promise we made." Turkey's parliament has until April 7th, when it goes into recess ahead of a general election in May, to ratify Finland's accession protocol. Sweden will have a longer wait.

# The UN in Afghanistan

The world in brief • Mar 17th 2023 • 1 min read



The UN's political mission to Afghanistan, UNAMA, should be extended on Friday for another 12 months. But deciding how to engage with the [Taliban](#), which [seized power](#) in August 2021, creates a dilemma.

高质量高频词

The [past year](#) has dashed hopes that the Taliban may have mellowed from its 1990s incarnation. Afghanistan's supreme leader, Haibatullah Akhунzada, is bolstered by his circle of religious [hardliners](#). The UN says Afghanistan is the most repressive country in the world for women, who are excluded from work and public life. Girls are not allowed in secondary school. The country remains in a humanitarian crisis and appears to have again become a haven for [al-Qaeda](#), a jihadist group.

简单粗暴背下来

Condemnations and entreaties from the UN fall on deaf ears. It must now decide whether to redouble efforts to try to influence the Taliban and uphold human rights or just focus on providing aid to the country's hungry millions. Expectations of what UNAMA can achieve are low.

# Fandom in the digital age

The world in brief • Mar 17th 2023 • 1 min read



Thanks to social media, it is easy for fans to form communities around musicians they love. But those echo chambers can push adoration to extremes. Superfans of the singer [Beyoncé](#), who call themselves “the BeyHive”, have been known to send death threats to “haters” who cross their idol. “Swarm”, a seven-part comedy-horror series released on Amazon’s streaming service, Prime Video, on Friday, takes on such rabid fandom.

► 偏激的, 非理性的

The show follows Dre (Dominique Fishback), an awkward young woman who goes to absurdly violent lengths to satisfy her obsession with Ni’Jah, a pop idol who <sup>注意搭配</sup> bears a striking resemblance to Beyoncé. (The “swarm” of the title refers to Ni’Jah’s fearsome fanbase; Dre is a “killer bee”.) Donald Glover, one of the creators, is well placed to reflect on fandom; he is also a singer under the name Childish Gambino. The show, which is packed with celebrity cameos, is current, gory and funny—and reveals the menace behind the seemingly innocent question, “who is your favourite artist?”



*Understanding and Managing  
Relationships When the  
World Overwhelms You*

# The Highly Sensitive Person in Love

By the Bestselling Author of  
*The Highly Sensitive Person*

ELAINE N. ARON, Ph.D.



can satisfy the HSS part with travel, not new work projects. You can hire an assistant for the HSP part to cut down on overstimulating hassles, and let the HSS go ahead and take on more projects. Above all, learn to forge major deals, not do-it-halfway compromises, between your two traits—don't start the business, but ask over the charming next-door neighbor whom the HSS in you has wanted to meet, while the HSP part has been deliberating and dithering.

最重要的是，我很幸运，幸运能碰到爱我的家人和朋友，还有社交媒体上的读者们。我还是会「想太多」，为自己的冲动、武断和不成熟懊恼，那些伤人的话一定会反弹回来伤我更深。但我相信，我不需要向在乎我的人解释我是什么样的人——做错事我很难过，很抱歉目前修行有限，我会努力进步。

最幸运的是遇到了妻子。前天夜里还发了条微博：

Worries about **banks'** stability ricocheted throughout the sector and beyond. First Republic, a mid-tier American lender, shed a fifth of its market value after S&P Global Ratings downgraded its credit rating to "junk". The yield on the two-year Treasury approached a six-month low amid demand for safe-haven assets. Judging by interest-rate futures, investors think that the Federal Reserve will now keep rates unchanged later this month.

**North Korea** launched an **intercontinental ballistic missile** for the first time in a month, just hours before the leaders of South Korea and Japan were due to meet in Tokyo for talks over historical forced labour. The missile—fired in the fourth launch from North Korea in a week—landed in waters west of Japan. Yoon Suk-yeol, South Korea's president, said his neighbour to the north would pay for its "reckless provocations".

The Biden administration has told TikTok it may ban the video-sharing app in America unless its Chinese owners sell their stakes, according to reports. Officials and legislators are concerned that American users' data could be passed to China's government; the app is already banned on federal-government devices. Shou Zi Chew, TikTok's chief executive, will testify before Congress next week on data security and ties to China.



worries about bank's stability ricocheted throughout the sector and beyond.

→ Help me understand "ricocheted".



In this context, "ricocheted" means that the worries about the bank's stability spread quickly and widely throughout the sector and beyond. The word "ricochet" is often used to describe the bouncing back of a projectile after hitting a surface. In this case, it is being used metaphorically to describe how the worries about the bank's stability bounced from one place to another, spreading rapidly and unpredictably. So, the word "ricocheted" suggests that the concerns about the bank's stability quickly echoed and reverberated across the sector and beyond, causing widespread concern and uncertainty.



## 简单粗暴背下来

1. time \_\_\_\_\_

We \_\_\_\_\_ our leisure hours into short, \_\_\_\_\_ moments that end up \_\_\_\_\_ rather than \_\_\_\_\_.

2. The episode holds sobering lessons for XX.

3. Just as...so \_\_\_\_\_

Just as smashing thermometers does not prevent climate change, so abandoning the measurement of educational inequality will not magic it away.

## 熟悉的词

competition

Sour

Stubborn-

Quicken

Brave

Lend

Corner

Steal hearts

A feast for my eyes-

Thin

Shower

Untroubled by self-doubt

Say

Help/hinder

Eye, eye up

Pass for

Lose sleep over the deteriorating Sino-American relations



## 比喻用法

- This is the beacon of hope and possibility.
- Mecca
- A delectable smorgasbord of extra-curricular activities
- Administer the balm of consolation for some of work's recurring irritations.
- Clip one's wings
- Turn the screws

## 我们的梗

- Everything's coming up ~~Michelle~~.
- Winsome women
- Deep-pocketed dullards
- Imposter syndrome, silver-lining moment
- Upside →
- That's a feat for a young brand based in Boston. It is all the more impressive because Temu hails from China. → O M G - wo
- Time sink, time confetti
- Bellwether, standard-bearer
- act your age, don't count your candles, just enjoy the glow, you're not getting any younger. Forget the past, you can't change it. Forget the present, I didn't get you one.

# The Economist

How China sells to the West

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Biden and the Democrats' bench

War at the Oscars

MARCH 11TH-17TH 2023

# THE STRUGGLE



# Day 7



# NEWS



Entertainment & Arts

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 **LIVE** Michelle Yeoh wins



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## Summary

- "Dreams do come true," says Michelle Yeoh as she wins best actress - the first Asian woman to receive the award - for Everything Everywhere All at Once
- The eccentric sci-fi comedy drama also wins best picture and other top awards in a triumphant night
- Earlier in the night, Jamie Lee Curtis and Ke Huy Quan won for their supporting actress and actor roles in the film
- The award for best actor has gone to an emotional Brendan Fraser for The Whale
- Chandrabose and MMM Keeravaani won best song for Naatu Naatu from film RRR
- This year, the red carpet was not actually red for the first time in 62 years, but "champagne-coloured", the Academy said

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Mar 12, 2023 8:30pm PT

# Michelle Yeoh Makes Oscars History as First Asian Lead Actress Winner

By Rebecca Rubin ▼



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michelle yeoh "make her name" "oscar"



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## What will win the Best Picture Oscar in 2023? | The Week

Dec 19, 2565 BE — The 2023 **Oscar** race is well underway, and just a few months remain ... of #MeToo-era story that could **make a big splash** with the Academy.



CBS News

<https://www.cbsnews.com> › Sunday Morning ⋮

## Margot Robbie on "Babylon" and being a "thrill seeker"

Dec 18, 2565 BE — The two-time **Oscar**-nominee, who plays a successful young actress in ... her the first of two **Oscar** nods, but also put **her on the map** as a ...



The New York Times

<https://www.nytimes.com> › 2023/02/01 › movies › kerry... ⋮

## Kerry Condon on Her 'Banshees of Inisherin' Oscar Nomination

Feb 1, 2566 BE — An ardent animal lover, the supporting actress **Oscar** nominee for "The ... she was always keen to **make her mark** in Hollywood: When she was ...

D&B Films began crediting Yeoh as "Michelle Khan" in an effort to make her name more marketable internationally. She began acting in action movies, particularly martial arts films and did most of her own stunts. Her first lead role was in the movie Yes, Madam in 1985. She briefly retired from acting from 1987 through 1991 for the duration of her marriage to Dickson Poon, one of the executives of D&B Films. Following her divorce from Poon, she returned to acting and starred in Police Story 3: Super Cop.



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Michelle Yeoh wins best actress in historic Oscars win – video

Oscars 2023

# Michelle Yeoh wins best actress Oscar for Everything Everywhere All at Once

Yeoh becomes the first south-east Asian performer to win the award, adding to her Golden Globe and BAFTA wins for the same role



Michelle Yeoh has won the Oscar for best actress for superhero comedy Everything Everywhere All at Once at the Academy Awards in Los Angeles.

Born in Malaysia, Yeoh becomes the first person of south-east Asian descent to win the best actress Oscar for her role as laundromat manager Evelyn Wang, who stumbles across a “multiverse” of alternative realities. Yeoh defeated strong competition for the award, including Cate Blanchett for Tár and Michelle Williams for The Fabelmans.



Everything Everywhere All at Once wins best picture Oscar



Read more

Yeoh has already attracted considerable attention during the awards season for Everything Everywhere All at Once, including a Bafta nomination for best actress, and wins

**2** [N-SING 单数名词] 竞争对手; The competition is the person or people you are competing with. [usu the N]

I have to change my approach, the competition is too good now.

我得改变方法, 现在的竞争对手太强。

### 3. <常用作总称>竞争者;比赛对手

- Sunday was the store's biggest day, since all nearby competition was closed.

该店星期日生意最兴隆,因为邻近的竞争商店都停止营业。

- There's a lot of competition for this job.

有许多人争夺这工作。

- She's no competition for (或 to) Helen.

她不是海伦的对手。

wages, food or housing.

**Watch now** →

**The  
Guardian**  
DOCUMENTARIES

Yeoh dedicated the award to “all the little boys and girls who look like me watching tonight”. She continued: “This is the beacon of hope and possibility. Dreams do come true.

“And ladies: don’t let anybody ever tell you you are past your prime.”

She finished by thanking her mother, 84, who was watching at home in Malaysia, and “all the mums in the world because they are really the superheroes and without them none of us would be here tonight.

I am happy to join with you today in what will go down in history as the greatest demonstration for freedom in the history of our nation.

Five score years ago, [a great American](#), in whose symbolic shadow we stand today, signed the [Emancipation Proclamation](#). This momentous decree came as a great beacon light of hope to millions of Negro slaves who had been seared in the flames of withering injustice. It came as a joyous daybreak to end the long night of their captivity.





张海露 Eric



Everything's coming up Michelle 🤖

HOME > Film > NEWS Mar 12, 2023 8:00pm PT

## Michelle Yeoh Makes Oscars History as First Asian Lead Actress Winner

By Rebecca Rubin



Born in Malaysia, Yeoh becomes the first person of south-east Asian descent to win the best actress Oscar for her role as laundromat manager Evelyn Wang, who stumbles across a "multiverse" of alternative realities. Yeoh defeated strong competition for the award, including Cate Blanchett for *Ti* and Michelle Williams for *The Fabelmans*.



Everything Everywhere All at

Yeoh has already attracted considerable attention during the awards season for *Everything Everywhere*

Michelle Yeoh cemented *Oscars* history on Sunday night as she became the first Asian person to win for lead actress.

Yeoh took home the first Academy Award of her celebrated career, for best actress in "*Everything Everywhere All at Once*." The honor came after a long career in martial arts and action movies like "*Crouching Tiger Hidden Dragon*" and "*Yes, Madam*."

Directed by Daniel Kwan and Daniel Scheinert, the zany sci-fi adventure centers on Yeoh's Evelyn Wang, a middle-aged laundromat owner who, while being audited by the IRS, discovers she has to connect with versions of herself from parallel



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"And ladies: don't let anybody ever tell you you are past your prime."

She finished by thanking her mother, 84, who was watching at home in Malaysia, and



Michelle Yeoh wins best actress in fiction; Oscars win - video

## Oscars 2023: Michelle Yeoh wins best actress Oscar for



Bagehot

## How Britain's Conservative Party channels Milhouse from The Simpsons

➔ Everything's coming up Rishi!

Mar 2nd 2023



## The world this week

# Politics

Mar 9th 2023

The National People's Congress, **China's rubber-stamp** parliament,

## On the wrong track

China's foreign minister, Qin Gang, warned America that its hostile attitude was in danger of souring relations between the two countries

Too fast to land *e pigheaded*

## A stubbornly strong economy complicates the fight against inflation

*Higher interest rates are not sufficiently slowing global growth*

Mar 8th 2023



YOU MIGHT have expected the fastest tightening of global monetary policy in 40 years to deal a heavy blow to the world economy. Yet in 2023 it seems to be shrugging off the effects of higher interest rates. Not only is inflation stubbornly high, but economic activity also appears to have quickened.

Faster growth may sound good, but it is a headache for policymakers, who are trying to bring about a managed slowdown. And it could mean that a recession, when it eventually strikes, is more painful.

At the end of last year, according to business surveys, manufacturing and services output were both shrinking around the world. Today manufacturing output is flat and services are rebounding. American consumers are spending freely. Both wages and prices continue to grow fast, even in places where they were long stagnant. Japan looks set for a round of bumper wage rises in the spring. In the euro zone the monthly rate of “core” inflation, which excludes food and energy prices, broke records in February. Labour markets

## Learning skills, not values

# Many of China's top politicians were educated in the West

*It did not endear them to it*

Mar 9th 2023 | BEIJING



Mark Leong/Redux/Eyevine

IN THE EARLY 20th century thousands of Chinese Communist Party members went to Russia to learn how to stage a revolution and build a socialist state. The Russians, in turn, hoped the study programmes would give them lasting influence over their Chinese comrades, many of whom would rise to positions of great power. But within a decade of becoming communist, China began squabbling with the Soviet Union. In 1961 leaders in Beijing denounced Soviet communism as the work of “revisionist traitors”.

The episode holds sobering lessons for Western countries, which have hosted millions of Chinese students over the past four decades—many of whom have risen to positions of great power. While universities raked in cash, Western leaders hoped the experience would endear future Chinese leaders to liberal values. But, as with the Russians, they have been disappointed. Today the party is more anti-Western than it has been in

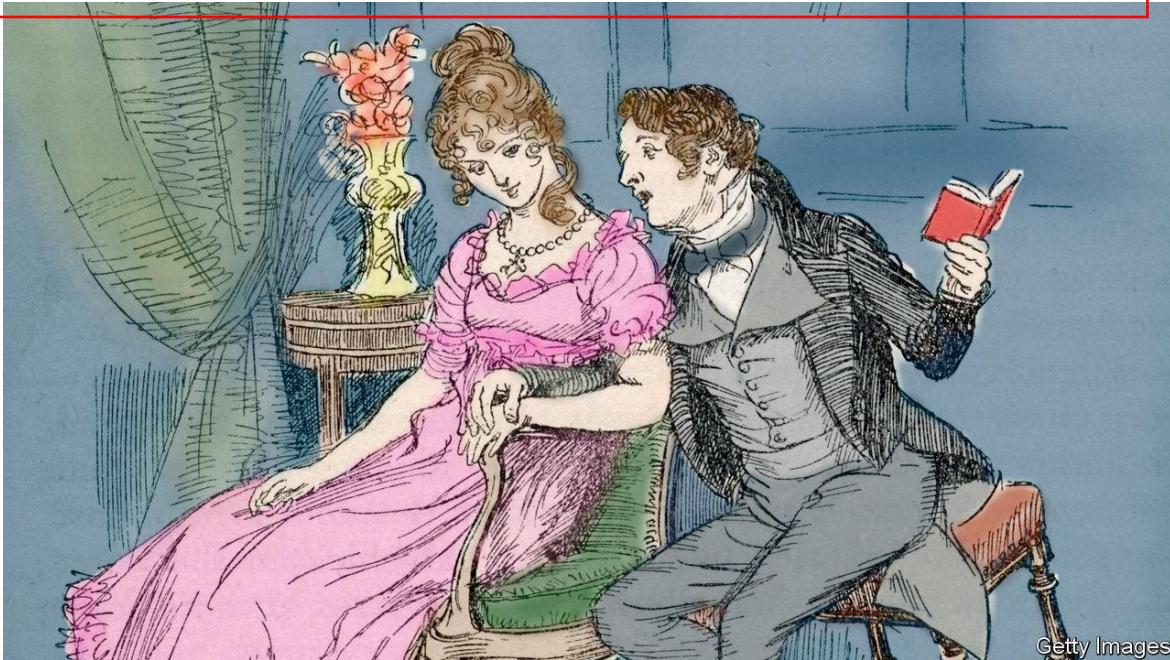


**Her pulse quickened**

## **Sales of romance novels are rising in Britain**

*Tiktokers are falling in love with the genre*

Mar 6th 2023



PASSION IS BEING partitioned. Online, and particularly on TikTok, romantic fiction is being carved into categories by its fans. Where once people merely read a category called “books” now they read categories called #friendstolovers, #enemiestolovers and #academicrivalstolovers. There is #spicytok and there is #smuttok; there is #forbiddenlove and there is the slightly creepy #forcedproximity. Feminism is not this movement’s strong suit. There is a category called #billionaireromance; there is no category named #earningsparity.

Progressive or not, the hashtags are shifting books. Thanks in part to TikTok memes, sales of romance and saga fiction in Britain have risen by 110% in three years, to £53m (\$64m) a year—their highest figure in a decade, according to figures from Nielsen BookData. Publishers have started to take notice. For many years the industry had regarded romantic fiction with Darcy-like disdain but now its pulse is quickening. Bookshops no longer stash books with pink covers at the back of shops but put them on tables

near the tills; publishers are learning to brave the word “heartwarming” without embarrassment.

It is thought the rise in romance is due, in part, to the pandemic. “We’re looking for escapist fiction,” says Molly Crawford, editorial director at Simon & Schuster UK. But it is also perhaps because the genre lends itself so readily to filters and personalisation. Antique poets might have claimed love was as limitless as the stars but romantic fiction, however good, has always been prone to tropes. A large number of old novels already fit these new paradigms perfectly: online, “Pride and Prejudice” is now categorised as #enemiestolovers. As P.D. James, a novelist, once observed, Jane Austen novels are merely “Mills & Boon written by a genius”.

Mills & Boon itself is marketed by a genius. Long before most Tiktokers were born, the romantic publisher had cornered the market in categories. Its website offers the drop-dead gorgeous in drop-down menus, with entries for such things as “Historical”, “Medical” and “Desire”.

The Mills & Boon search bar is a kind of census of female desire. Type in “Italian”, and you will be offered 338 titles; “Sheikh” brings up 282; and “Welsh” four. “Brooding” returns 66 results, while “Cheerful” produces zero. “Billionaire” offers you 754, “Surgeon” 206 and “Doctor” 380 (though to judge by titles such as “Baby Surprise for the Doctor Prince” and “A Doctor in Her Stocking”, neither the doctor’s knowledge nor his morals would seem to deserve such reverence). “Middle Manager” returns the pitiless phrase: “Sorry, no products matched the keyword.”

Middle managers aside, tastes vary when it comes to romantic fiction. Elisabeth Kendall is mistress (the title feels unusually apposite) of Girton College, Cambridge and a world expert in jihadi chick lit. In “I Fell In Love With a Jihadi Fighter”, two distant cousins are thrown together in the same house in the Syrian civil war (#forcedproximity). Smouldering glances are followed, somewhat unexpectedly, by the hero’s death. Happily all is not lost because, as Dr Kendall explains, “the woman decides she wants to join him” and so the rest of the novel is about “her metamorphosis into a suicide-bomber”. The smouldering resumes.

The novels that straddle the romance-bestseller charts in Britain strike a different tone. Many are modern and American; all have taut-jawed heroes and a fondness for exposition. In one, a #billionaire checks his “Patek Philippe watch. Limited edition, hermetically sealed and waterproof, the stainless-steel timepiece had set [him] back a cool twenty grand.” It’s almost like reading Austen. In another, a surgeon hero has a habit of uttering such improbable sentences as: “I get to perform a very rare...craniopagus separation on Monday” and “I think I like you too much” and “Your mother is wonderful, by the way.” (Naturally he turns out to be a monster.)

Not every title is modern. The covers of historical bestsellers feature **winsome** women in shawls; their plot lines feature pirates, illegitimate children and a liberal supply of scoundrels. As the blurb for one explains: “Marcus is excited by Emmy’s virginity and has her kidnapped, but Emmy hits him over the head and escapes.” It was all go in the past.

Romance is a genre with great continuity. But as Sharon Kendrick, a bestselling Mills & Boon author, points out, the past few years have left their mark. The Black Lives Matter movement has diminished the appeal of the Regency rake because, as with National Trust houses, everyone wonders “how this great wealth was acquired”. Although women still like masterful heroes, #MeToo means “Sheikhs aren’t quite as popular...as they have been” (bit too masterful). Billionaires now far outnumber millionaires because of “the cost of living...I mean, look at the price of a stamp.” ■

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Gay watching for straight women

## Are Thailand's gay TV dramas the next K-pop?

*A Thai take on manga storylines is big in Japan*

Mar 9th 2023 | TOKYO



THE “2GETHER CAFE”, a pop-up restaurant on the second floor of the Tower Records Shibuya building in Tokyo, is a hub for a new Asian craze. Visitors, all women, swoon over wall-to-wall pictures of Bright Vachirawit and Win Metawin, stars of “2gether: The Series”, a Thai TV drama about two students who fall in love. The actors, both men, are depicted exchanging flirtatious glances and hugging. Airy Thai pop music plays in the background. “I didn’t know Thailand had such handsome men,” says Kobayashi Maki. An ardent fan of the TV series, she is studying Thai because of it.

Thai soap operas about gay romance, generically known as “Boys’ Love” (BL) or sometimes “Y series”, are stealing hearts across Asia. Though the first shows appeared in 2014, the genre, including over a hundred series to date, took off outside Thailand during covid-19 lockdowns, thanks in part to many being available on YouTube. In Japan, a key market, the hashtag *Thainuma* or “Thai swamp”—a reference to the shows’ addictiveness—is



popular on social media. Thailand promotes BL content at international trade shows. In June 2021 the industry secured 360m baht (\$10.4m) in foreign investment.

BL originated as a Japanese manga storyline, which became popular in the 1990s. It has always been mainly consumed by straight women, just as the Thai televised version is. “I get to see two handsome men together. It’s a feast for my eyes!” says Takabayashi Otoha, a 20-year-old Japanese fan. Rujirat Ishikawa, a Thai academic at Aoyama Gakuin University in Tokyo, says some women find it liberating to watch romance as a sexual “outsider”, with no female protagonist to make them feel jealous.

For the shows’ Thai producers, the global success of another group of delicately featured young men—South Korea’s K-pop stars—was another inspiration. They have copied elements of the K-pop business model, including heavy use of “fan services” such as meet-and-greet events to boost revenues. Poowin Bunyavejchewin of Thammasat University in Bangkok calls Thai BL a “melting pot” that mixes “the Japanese ingredient and Korean ingredient”.

Thai BL’s success has also started to attract more gay viewers. A recent survey suggested that more than 20% of the TV shows’ fans in Thailand are gay. That may be in part thanks to a growing number of storylines about the discrimination they face, notwithstanding Bangkok’s reputation as a gay mecca. The shows’ success is itself a rebuke to that chauvinism. “These days, you see BL couples featured on big advertisements in public. That used to be unthinkable,” says Mr Bunyavejchewin.

This puts the Thai government in a slightly awkward position. While embracing the BL shows’ potential to burnish Thailand’s soft power, it tends to play down their gay content when promoting them; it is also opposed to same-sex marriage. Back in 2007 the government briefly banned BL comics under obscenity laws. The production companies will be wary of provoking another backlash. “If they go too far, they might get crushed,” warns Ms Ishikawa. In Thailand, Boys’ Love is in, gay rights not so much. ■

2. (*usually* **mecca**) a place that many people like to visit, especially for a particular reason 热门地方

◆ *The coast is a mecca for tourists.* 🔊 🔊

这个海岸是旅游的热门景点。



"chiang mai is a mecca"



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fromchiangmaiwithlove.com

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## Where to Live in Chiang Mai - From Chiang Mai With Love

佛历2565年2月8日 — ~~Located along several blocks to the east side of the Old City, this part of~~  
**Chiang Mai is a mecca** for people who love to shop.

## World in a dish

# Singapore's unique dining style comes to Manhattan

*Cooking dishes from another culture is straightforward. Transplanting a mood is another matter*

Mar 9th 2023 | NEW YORK



COOKING A DISH from one culture while living in another is simply a matter of ingredients and technique. Translating an entire dining style is harder. No matter how tasty the *pâté de campagne*, how artfully nicotine-stained the walls and how much Édith Piaf warbles from the speakers, eating at a bistro in Phoenix will always be different from eating at one in Lyon. The trick, as a new Singapore-style hawker centre in midtown Manhattan shows, is knowing which parts of the experience can be transplanted successfully, and which should be left at home.

In Singapore, [hawker centres](#) are large, semi-outdoor spaces (they have roofs but no walls). Food stalls line the perimeter while customers stake out seats at tables in the middle. Ubiquitous and cheap, they are [integral to eating](#) in Singapore, where your columnist once lived. They let groups of friends with different tastes and dietary requirements eat together. They are unpretentious



and fun: vendors banter and flirt with their customers and the open setting encourages relaxed conversation.

Urban Hawker in Manhattan chews to the same basic design principles, with vendors along the walls and communal tables in the centre. The hawkers sell similar foods to their Singaporean counterparts, including creditable *prata* (a folded fried bread of South Indian origin, served with *dhal* that was sweeter and less spicy than it should have been), greasy and delicious *char kway teow* (fried flat noodles), and properly chewy if slightly ungenerous *satay* with *lontong* (grilled skewered meat with rice cubes). A sublime chicken rice could hold its own with any stall in Singapore, the poached chicken soothingly soft and springy, every grain of rice distinct yet slicked with rich chicken flavour, the sauces—thick soy, fiery chilli and ginger—complementary rather than overpowering.

But unlike Singapore's hawker centres, Manhattan's is indoors. It has a cocktail bar, whereas Singapore's serve nothing stronger than Tiger, the local lager. And the prices are high: New Yorkers will evidently pay around \$20 for a plate of chicken rice that would cost a few Singaporean dollars (a couple of American ones).

In Singapore, everyone eats at hawker centres because they are everywhere and serve familiar food cheaply. In New York that role mainly falls to halal carts and fast-food chains. Urban Hawker's target clientele is posher: the sort of people who know what hawker centres are despite living halfway around the world. Dining there is an event rather than a habit. In other words, it sells cachet as well as food, like the many French bistros outside France that serve *cuisine grand-mère* at prices many actual grandmothers cannot afford.

Compare the New World Mall's food court (in effect, an indoor hawker centre), a 40-minute subway ride away in Queens. It is at least as delicious and a lot cheaper. But it is authentically Asian-American and aimed at locals in New York's biggest Chinatown; other visitors need to do some translation work. Urban Hawker gives diners a helping hand—and reaches into their wallets with the other one. ■



This is our hope, and this is the faith that I go back to the South with.

With this faith, we will be able to **hew** out of the mountain of despair a stone of hope. With this faith, we will be able to transform the jangling discords of our nation into a beautiful symphony of brotherhood. With this faith, we will be able to work together, to pray together, to struggle together, to go to jail together, to stand up for freedom together, knowing that we will be free one day.

## 2. <美>坚持;遵守(to)

- hew to a principle

坚持原则

- hew to rules

遵守规则

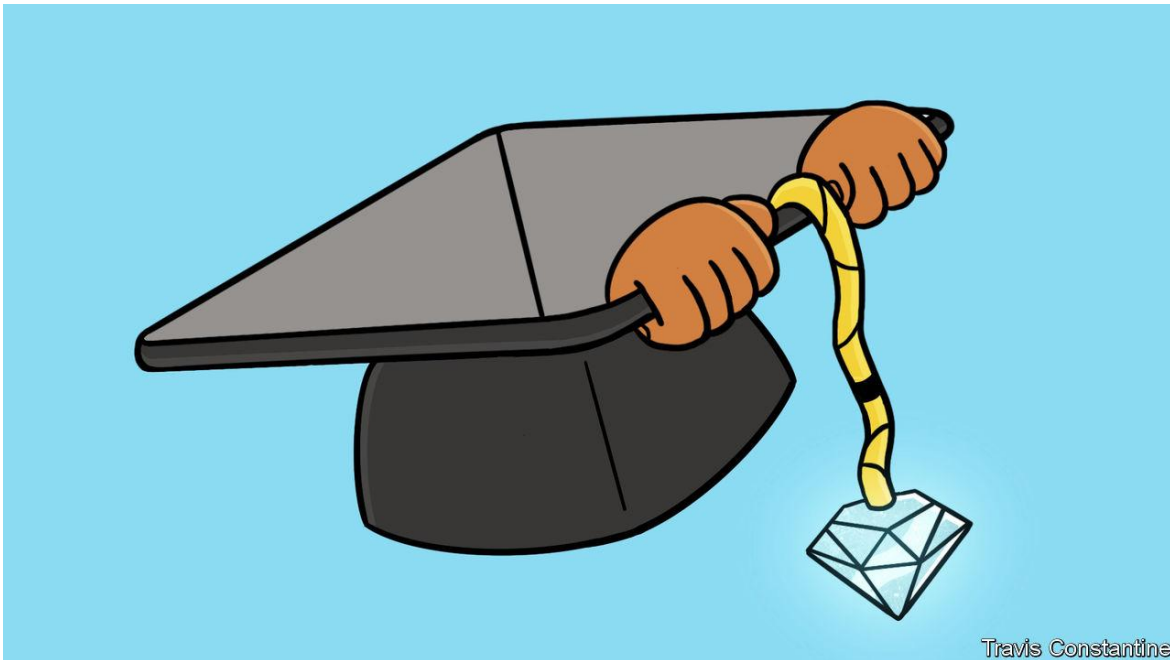
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This article was downloaded by [calibre](#) from <https://www.economist.com/culture/2023/03/09/singapores-unique-dining-style-comes-to-manhattan>

## Testing fail

# American universities are pursuing fairness the wrong way

**Drop** legacy admissions—not standardised exams  
Mar 9th 2023



THE BEST American universities wish to be ruthlessly discriminating on academic merit—and beacons for diversity on everything else. Trying to accomplish both at once can prompt mistakes. Lately Columbia University, an Ivy League member in New York, has been making a lot of them. Last year it admitted to submitting incorrect data to a college-rankings outfit in a bid to seem more exclusive than it really is. And on March 1st, in a bid to seem more inclusive than it is, Columbia said it would drop the requirement for applicants to submit standardised exam scores.

Campaigners claim that exams **favour** the privileged. Evidence for this is **thin**. Maths problems involve neutral things like numbers and algebra; reading-comprehension tests are rarely about silverware or yachting. The bias, however, is said to be latent. Because scores are correlated with race and parental income, the exams must therefore be contaminated with racism and classism.

This confuses disparity with discrimination. Tests correctly measure educational inequality, which begins before kindergarten and grows as a result of bad policy. Just as smashing thermometers does not prevent climate change, so abandoning the measurement of educational inequality will not magic it away.



In fact, for meritocrats to abandon exams is self-defeating. Scores may be correlated with privilege, but they are probably the hardest part of an admissions application to warp with money. Children of the rich can get ample help in completing their coursework (which may receive inflated grades), hire professional writers to “edit” their essays and even spend lavishly on consultants who will help craft a delectable smorgasbord of extra-curricular activities. Yet research shows that intensive tutoring has a marginal effect on test scores. That is why, in the Varsity Blues scandal of 2019, very rich parents paid to have others sit their children’s exams.

Worse, supposedly progressive universities like Columbia operate affirmative-action schemes for deep-pocketed dullards in the form of “legacy” admissions that shower advantages on the relatives of alumni. One study found that undergraduates at Columbia are more than 100 times more likely to belong to the top 0.1% of families by income than to the poorest 20%. The best way to promote fairness would be to eliminate such a regressive pathway to admission.

In the 1920s Harvard moved to a “holistic” admissions system because its president thought it had too many Jewish students (who excelled on the standardised exam adopted in 1905). A century later, Harvard is being sued over a holistic admissions system that limits the number of Asian-American students, who also do well on tests. Based on that case, the Supreme Court is expected to rule that race-based affirmative action is unconstitutional. A cynical observer might conclude that universities are jettisoning quantitative measures, the lawsuit’s key evidence, to make discrimination harder to detect.

Fixing educational inequality requires more data, not less. Susan Dynarski, an economist at Harvard, makes the case that free, universal testing helps unearth promising young talent from rough backgrounds. Timely reminders about financial aid also help. For decades, elite universities have sought





Eric zzz



Mimic this sentence structure: Just as smashing thermometers does not prevent climate change, so abandoning the measurement of educational inequality will not magic it away. Make short sentence using "just as...so..." in real life scenarios



Sure, here are some more sentences:

1. Just as ignoring your finances won't make them better, so overspending won't make you rich.
2. Just as procrastinating won't make your tasks disappear, so working hard won't exhaust you.
3. Just as avoiding difficult conversations won't resolve issues, so speaking up won't make them worse.
4. Just as avoiding learning new skills won't make you proficient, so practicing them won't make you an expert overnight.
5. Just as neglecting your mental health won't make it improve, so taking care of it won't make you weak.

skin-deep diversity to paper over abysmal socioeconomic diversity, a failing that is exacerbated by legacy admissions. If the Supreme Court rules that stratagem out, universities should not devote their energies to maintaining an undesirable status quo, but to crafting something better: a true meritocracy shorn of an unjustifiable, hereditary mediocracy. ■

This article was downloaded by [calibre](#) from <https://www.economist.com/leaders/2023/03/09/american-universities-are-pursuing-fairness-the-wrong-way>.

**Bartleby**

## The small consolations of office irritations

➔ *The silver linings of interruptions and impostor syndrome*

Mar 9th 2023



EVEN PEOPLE who love their jobs have a few gripes. Even people who excel at their work have their share of worries. The office environment makes it hard to concentrate; their colleagues are annoying beyond belief; their career path within the organisation is not obvious. There are aspects of the workplace, like “reply all” email threads and any kind of role-playing, which are completely beyond redemption. This column is here to administer the balm of consolation for some of work’s recurring irritations.

Start with a pervasive problem: being interrupted. You have muted notifications on Slack and cleared your calendar; the Prelude from Bach’s Cello Suite No 1 is playing; your fingers are poised above the keyboard and a thought of world-altering profundity is gradually taking shape in your mind. Then there is a knock at the door, and a colleague asks if you have a minute to discuss the air-conditioning. By the time they have gone, so has that momentous thought and any sense of well-being.

Context-switching of this sort is more than simply annoying. A survey conducted in 2021 found that it takes people nine and a half minutes to resume a focused state of mind after switching between apps. But there is a bright side to being interrupted. A paper by Harshad Puranik of the University of Illinois Chicago and his co-authors asked a sample of employees in America to record how often they were distracted by colleagues and to report their sense of belonging to their organisations. They found that being interrupted involves a social interaction with colleagues that can strengthen a worker's feelings of connection. The next time a knock comes, remind yourself that at least you are not lonely.

What about some of the characters who make office life so teeth-grinding? Every company has its share of toadies who specialise in managing up: flattering the bosses and claiming more credit than is their due. Unctuousness is undoubtedly irritating. But it, too, can sometimes have wider benefits.

Recent research by Wei Cai of Columbia Business School and her co-authors found that teams performed better when they had some crawlers among them. People who got better assessments from their superiors than from their peers in performance-review processes were designated as “upward influencers” in the study. Too many characters of this sort is bad: at some point, team members will expend more effort competing for recognition than getting actual work done. But because these personality types are prepared to invest more time communicating with their managers, the presence of a handful of them ensures that a team does not become invisible to the bosses. A few suck-ups can be good for everyone.



What of traits that workers find most irritating about themselves, the things that may be holding them back? Impostor syndrome, the belief some people have that they do not deserve to be in positions of influence, is usually thought of as being bad for individuals and organisations alike. But it can have an upside.

Research by Basima Tewfik of the MIT Sloan School of Management found that people who worry about being an impostor are regarded by others as having better interpersonal skills than those who are untroubled by self-doubt. It may be that a concern about lacking competence leads people to



compensate by developing stronger relationships with others. In a world that increasingly prizes collaboration and soft skills, that is not to be sniffed at.

Weaknesses can turn into advantages in other ways, too. The idealised entrepreneur may drip with confidence and charisma, for example. But not everyone fits that mould. In a recent study, Lauren Howe and Jochen Menges of the University of Zurich asked participants in an investment game who had been asked about their own flaws to allocate funds to startups. They found that entrepreneurs who reveal a personal shortcoming, such as indecisiveness or insecurity, are more likely to attract funding from investors who share these same characteristics. Some weaknesses are not to be admitted: stupidity say or narcolepsy. But flaws can sometimes help people get ahead, not hinder them.



The problem with silver linings is that they are attached to clouds. You are still being interrupted all the time. You are still surrounded by annoying colleagues. Impostor syndrome still causes you unnecessary anxiety. Your weaknesses are still weaknesses. But there are bright sides to most things in office life, and they go beyond the payslip.

**Read more from Bartleby, our columnist on management and work:**

[\*The uses and abuses of hype\*](#) (Mar 2nd)

[\*Unshowy competence brings drawbacks as well as benefits\*](#) (Feb 23rd)

[\*Why it's time to get shot of coffee meetings at work\*](#) (Feb 16th)

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Seizing the moment

## How China Inc is tackling the TikTok problem

*A CEO's guide to doing business amid anti-Chinese sentiment*

Mar 7th 2023 | Shanghai



The Economist/Shutterstock

AMERICAN-FOOTBALL fans watching the Super Bowl last month in the sport's heartland were treated to a surprising TV commercial. In it, a woman switched magically between chic but cheap outfits as she scrolled through a mobile-shopping app called Temu. The jingle—"I feel so rich; I feel like a billionaire"—refers to the sensation of wealth evoked by the endless choice and rock-bottom prices for Temu's clothes. Since its launch last September Temu has become America's most-downloaded app for iPhones. That is a feat for a young brand based in Boston. It is all the more impressive because Temu hails from China.

This is a critical moment for Chinese companies in the West. On the one hand, Chinese brands have never been more popular in America. Hot on Temu's heels in iPhone downloads are CapCut, a video-editor, and TikTok, a time sink. Shein, a fashion retailer, ranks above Amazon. This year it may pull off one of the world's biggest initial public offerings (IPOs) in New York.



temu 中文



Tools

About 12,300,000 results (0.35 seconds)

“Temu”是拼多多跨境电商平台，平台产品于2022年9月1日上线，9月1日到9月15日为测试期，之后将全量开放售卖。App Store应用详情页显示意为“Team Up, Price Down”，与国内名拼多多的意思相近，即买得人越多，价格越低，但目前APP中并没有出现“砍一刀”和拼单的营销方式。



temu superbowl



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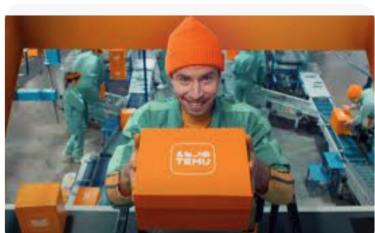
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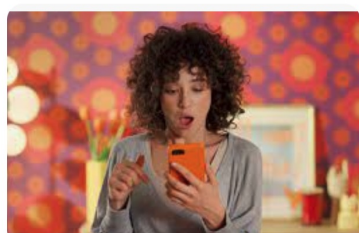
- temu app
- rakuten
- bowl commercial
- giant pinduoduo
- shopping
- temu commercial
- pdd
- s



Time  
Temu and Its Super Bowl Ads ...



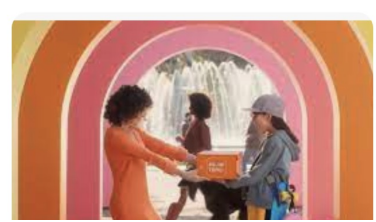
CBS Chain Store Age  
app Temu scores big with Super Bowl ad ...



Adweek  
Ecommerce Startup Temu Airs First Super ...



Pandaily  
Temu Blazes E-Commerce Trail With Super ...





■all the more

中国人不习惯使用这个词组，因为译成中文是“更加”，似乎同英文的more或even more差不多。但其实all the more表示的“更加”，是前后文说出了原因或隐含不明言原因的，而简单的more或even more则不涉及原因。【例如】It's all the more remarkable if you consider... 如果你考虑到...那么这一点就显得更加值得注意。/ There's much to admire in this film, making its shortcomings all the more lamentable. 这部片子有许多值得钦佩之处，因此它的缺点就更加令人遗憾。/ I felt all the better for having told him. 我因为告诉了他，心里就舒畅了些。/ If we lose our will at home, it makes the task for our soldiers all the more difficult. 如果我们在国内失去斗志，我们士兵们的任务就更难办了。/ For this very reason, their recklessness is all the harder to forgive. 正是由于这个原因，他们的鲁莽就更难原谅。

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for missing the deadline."

EXACT (60)

Then the sonogram revealed twins -- which was all the more amazing because Ms. Salley is paralyzed.

1

The New York Times



At the same time, Western suspicions of Chinese business are mounting, together with intensifying geopolitical tensions between China and the West. America has banned Huawei, a Chinese maker of telecoms gear, at home and crushed its efforts to capture Western markets. On March 6th it was reported that Germany's government was close to forcing mobile operators to stop buying Huawei kit and to replace installed Chinese equipment. TikTok may be in for similarly harsh treatment. Several countries, led by America, are discussing full bans on TikTok over concerns about the Chinese government using the platform for anti-Western propaganda or to gobble up Western users' personal data (TikTok denies both these accusations).



For ambitious Chinese firms eyeing wealthy Western shoppers this presents a conundrum: how do you do business in places where you are increasingly unwelcome? Companies like Shein, Temu and the beleaguered TikTok are all coming up with answers that have a lot in common. Whether they pull it off will determine the fate of Chinese commerce in the West.

China Inc began making a global mark in the 1980s, as foreigners poured investments into Chinese factories which then shipped cheap goods to the West. Consumers would buy these almost exclusively through retailers such as Walmart or from Western brands that sourced products from China. Then, in the mid-2000s, Chinese firms began building a presence in foreign markets. Until Uncle Sam clipped its wings, Huawei was selling its own networking kit and handsets across the West. Other Chinese champions such as Haier, a home-appliance maker, bought and nurtured Western brands (GE's white-goods division, in Haier's case). Between 2011 and 2021 Chinese firms acquired nearly \$90bn-worth of foreign retail and consumer brands, according to Refinitiv, a data company. Many of the targets were Western.



The Economist

In recent years, however, the dealmaking has slowed. In 2022 Chinese companies spent just \$400m on foreign brands (see chart). The authorities in Beijing have grown warier of [capital flight](#) even as Western governments have become more hostile to such transactions, often blocking them. Chinese brands seeking to build a Western presence have had little joy. Lenovo, a Chinese firm that in 2004 acquired IBM's personal-computer division, has captured a mediocre 15% of America's PC market, far behind HP and Dell, which together control more than half of it. Xiaomi, which in 2021 overtook Apple to become the world's second-biggest smartphone-maker, has been unable to crack America.

The latest wave of global Chinese brands has taken a different approach. Many initially eyed the domestic market, before the covid-19 pandemic and China's draconian response to it forced them to look abroad for growth, says Jim Fields, a marketer who works with Chinese brands in America. Companies such as Shein, Temu and TikTok may grab the headlines but hundreds of Chinese firms have been making similar inroads in America, Europe and Japan—using similar strategies.



The first is not to flaunt their Chineseness. *The Economist* has reviewed dozens of companies' websites and found that most could easily pass for a Western brand. Their names sound English: BettyCora produces press-on

nails; Snapmakers makes 3D printers. Almost none mention their country of origin. One young entrepreneur who is currently planning the launch of his own brand in America discerns a long-standing prejudice against Chinese-made goods as being of poor quality. This perception is linked to the first wave of cheap factory wares in the 1980s. Increased hate crimes against people of Asian descent in America in recent years has not encouraged companies to come out as Chinese. Most people hoping to start such businesses will avoid references to China if possible, the entrepreneur says.

~~The second common characteristic is the use of technology~~ to beat Western rivals on service and price. Many Chinese firms use their own websites and mobile apps to sell directly to customers. They thus bypass retailers while gaining access to data on consumer trends, allowing them to react quickly to shifts in demand—or, using sophisticated analytics, predict these changes and respond in advance.

This “on-demand manufacturing” has allowed Shein to triple its American sales between 2020 and 2022, to over \$20bn. Its app attracts 30m monthly users in America. Hundreds of Chinese firms are experimenting with this model in the American marketplace. Halara, a newish women’s-apparel retailer, gets around 1.5m digital visitors monthly to its app. Newchic, a rival, attracts 1.7m. The ability to understand customers through data analytics is a big advantage in developed markets, says Xin Cheng of Bain & Company, a consultancy.

The firms’ savvy use of technology and supply chains allows them to limit their non-Chinese assets—their third shared strategy. Asset-lightness appeals to investors, says Zou Ping of 36Kr, a Chinese research firm. It helps cut costs and reduce the risk of assets being stranded should Western politicians turn the screws. 

For many Chinese brands, their only Western assets are customer-facing websites and apps. Although it recently opened a distribution centre in Indiana, Shein ships most goods directly from China to buyers in America. Its Boston base notwithstanding, Temu has no warehouses in America, let alone factories (though it does not rule out storage). Naturehike, a maker of camping gear, has conquered the West and Japan without employing a single person outside China. Instead, says Wang Fangfang, a spokeswoman, it is

boosting its on-demand manufacturing capacity so it can better understand customers from afar. In February CATL agreed to furnish its electric-vehicle batteries to Ford by licensing its patents to the American carmaker rather than building a factory in America.

## **Made in China? Who, me?**

The most dramatic way in which some Chinese companies are guarding themselves against a Western backlash, as well as Communist Party meddling in their Western business, is by distancing their governance structures from China. The first big name to pursue this strategy was ByteDance, TikTok's parent company. From the start, it kept TikTok's popular Chinese sister app, Douyin, separate from the version used in the rest of the world (which in turn cannot be used in China). Then TikTok moved its headquarters to Singapore, to separate itself from decision-making at ByteDance's headquarters in Beijing. Now it reportedly wants to create an American subsidiary tasked with safeguarding the app, which would report to an outside board of directors rather than ByteDance. ByteDance, for its part, stresses it is domiciled in the Cayman Islands, not China.

Seeing that none of this has fully placated Western regulators, other Chinese companies are going further. Last year Shein also decamped to Singapore, from Guangzhou. The city-state is now its legal and operational home. Add its planned New York listing and its executives almost bristle when you call Shein Chinese. More businesses may adopt a version of this model.

The success of these strategies is hard to gauge. Export figures from China do not distinguish between Chinese brands and goods made for foreign clients. Many packages are sent by courier and not counted as exports. But it is clear that, in some areas at least, Chinese brands are taking market share in the West. Anker has become one of America's biggest purveyors of phone chargers. In 2021 about half its \$1.8bn in global sales came from North America; less than 4% came from China. A few Chinese makers of smart appliances like robot vacuum cleaners rank among top global sellers alongside American and German firms. One, Roborock, had foreign sales of \$500m in 2021, accounting for 58% of its total revenues, up from 14% two years earlier. America is its main market. Chinese firms such as EcoFlow are poised to dominate sales of household power banks there.



Investors are bullish. Shein's IPO could be a blockbuster. Last year Hidden Hill Capital, a Singaporean fund, raised nearly \$500m with TPG, an American private-equity firm, to invest in Chinese firms backing the supply chains of future global brands. Some of the entrepreneurs behind these success stories nevertheless worry. One concern is overcoming the shabby reputation of the "Made in China" label. Today fake or shoddily made me-too items can hurt the cachet of Chinese firms that do invest in research and development. In 2021 Amazon banned 600 Chinese brands on concerns that they were churning out fake reviews of their wares.

But Chinese bosses lose most sleep over the deteriorating Sino-American relations. Many look to TikTok as the bellwether. In January the firm said it would set up a data centre in America to store local users' data and give American authorities access to its algorithms; on March 6th the *Wall Street Journal* reported that it was seeking a similar deal in Europe. Despite the assurances, bills are moving through Congress that would let President Joe Biden ban the app.

If Beijing and Washington continue to grow apart, as seems likely, American politicians may take aim at other Chinese apps. For those that collect data on shopping habits—which is to say most of the consumer-facing ones—this would turn their technological strength into a geopolitical weakness. Facing up to that threat will require a whole other level of ingenuity. ■

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This article was downloaded by calibre from <https://www.economist.com/business/2023/03/07/how-china-inc-is-tackling-the-tiktok-problem>

**7** [PHRASE 短语] 对...十分担心;为...而睡不着觉; **If you say that you didn't lose any sleep over something, you mean that you did not worry about it at all.** [V inflects]

I didn't lose too much sleep over that investigation.  
我并不太担心那个调查。

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SIMILAR (60)

"That's the question I lose sleep over," Rosenberg said.

1    [The New Yorker](#)

She looks like someone I could lose sleep over, lose money over, bleed over.

2    [Vice](#)

Skills, tax systems and cybersecurity are also among their concerns, but the future of the planet is not something that most chief executives lose sleep over.

3    [The Guardian - Business](#)

While most Western metal bands lose sleep over hair loss, shelling out for new speaker cones and wondering how to pay for Viagra, these kids have had to make real sacrifices for their band like going to practice with a hand gun stuffed down the front of their pants.

20    [Vice](#)

I don't think anybody will lose sleep over it".

46    [The Guardian - Business](#)

Mr. Britten won't lose sleep over it.

47    [The New York Times](#)

"That's something to lose sleep over, for years.

personality strength into

  FILTER

Questions: Have you ever allowed a **personality strength** to become a weakness?

1

Huffington Post

Pride is a root cause of **personality strengths** turning **into** weaknesses.

2

Huffington Post

Insight #1: It's hard to recognize when a **personality strength** hits the weakness tipping-point.

3

Huffington Post

One of my **personality strengths** recently turned **into** a weakness, and believe me, the experience was no picnic.

4

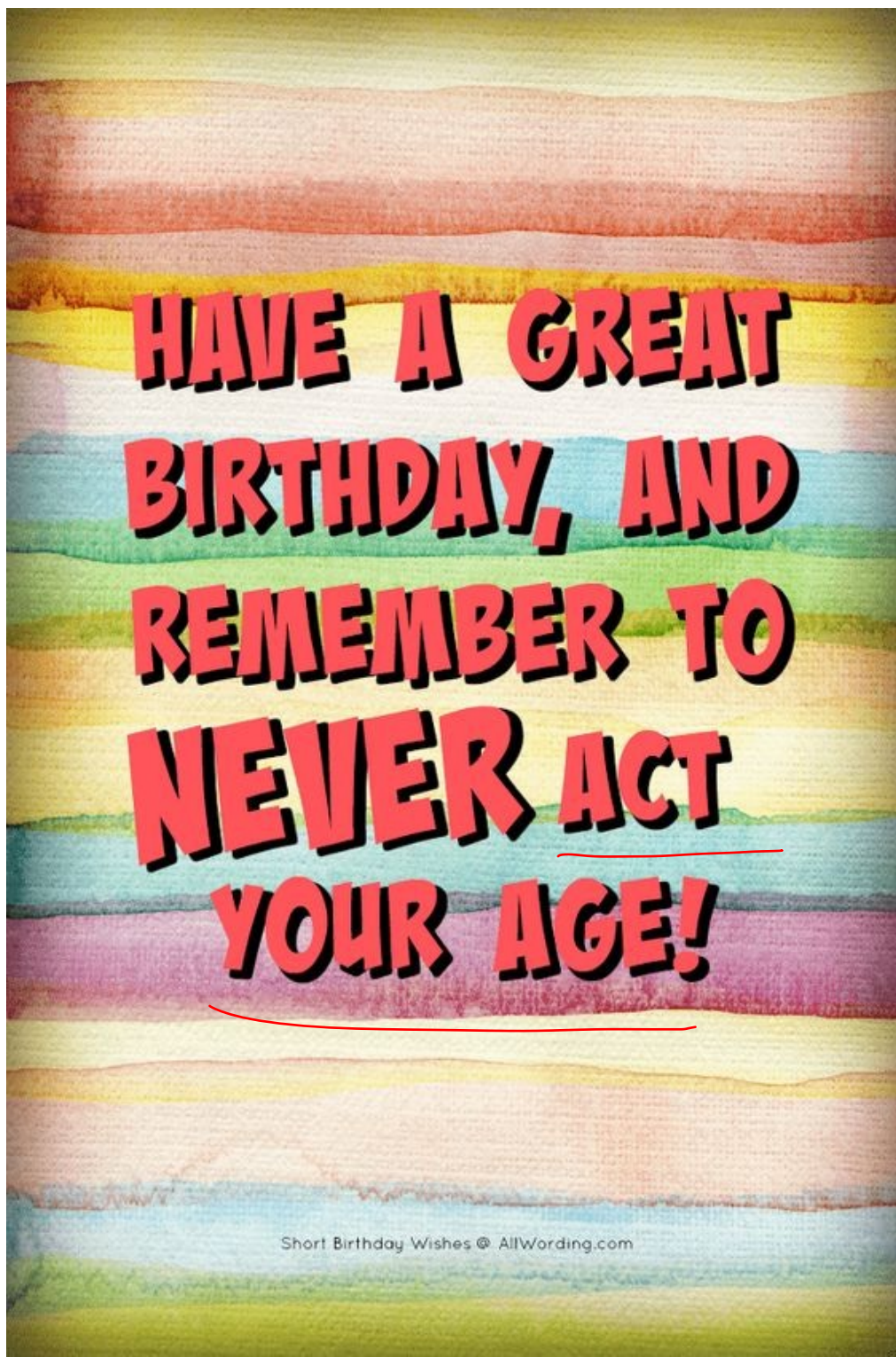
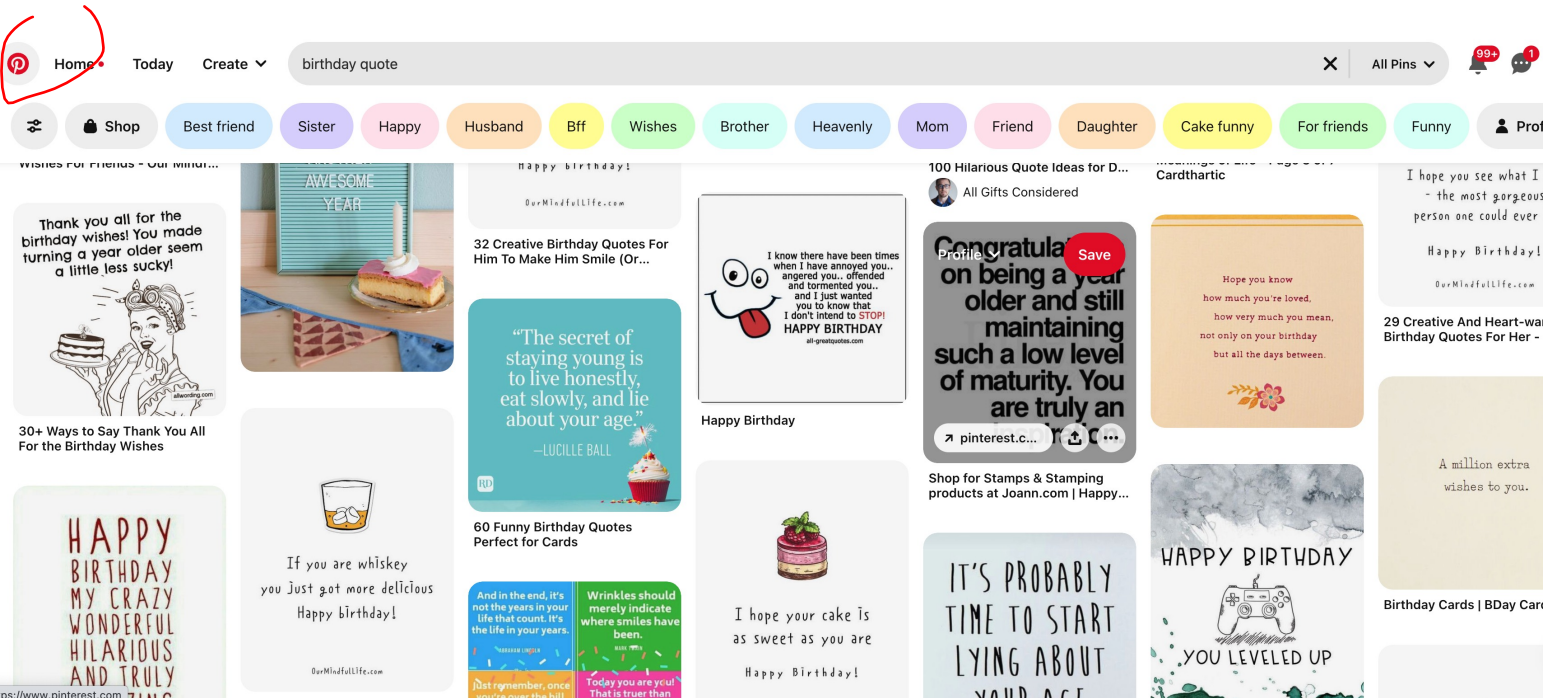
   

Huffington Post

B-day  
Bonus  
Bits



Humor me plz.



Honda announced a partnership with Ig Energy Solution, a South Korean battery-maker, to invest \$4.4bn in building a factory for **electric-car batteries** in America. Ig Energy Solution is expected to benefit from the tax credits provided in the Inflation Reduction Act for companies that lessen the reliance on China for battery components.

## A 90-hour week

People embarking on a career should be prepared to **work 18 hours a day**, according to the boss of Bombay Shaving Company in India. Shantanu Deshpande said that employees in their 20s should “worship” their job, and that the work-life balance at that age is “blah”. Those who disagree should speak to his staff, he said. Mr Deshpande’s comments come amid a trend of “quiet quitting”, or doing the minimum that your job requires. “Acting your wage”, as some quiet-quitters put it.



Day 7  
TIME





# The Economist

How China sells to the West

The rich world's employment miracle

Biden and the Democrats' bench

War at the Oscars

MARCH 11TH-17TH 2023

# THE STRUGGLE



# Day 7

W—- women

D\_\_\_\_\_dullards

Help\_\_\_\_\_

\_\_\_\_\_one's wings

Turn the \_\_\_\_\_

\_\_\_\_\_the market

———on one's heels

Standard-bearer=b\_\_\_\_\_





# 18 People Who Faced Their Imminent Death Head-On And Lived To Tell The Tale



Shopping • 11 hrs ago

27 Things From Amazon With



Buzz

People Who Have Had



Celebrity • 11 hrs ago

At This Year's Oscars, Some

## Top Posts



Jamie Lee Curtis's Oscar Win Has Sparked Backlash, And People Are Not Holding Back



Hugh Grant Was Super Rude To Ashley Graham During The Oscars Pre-Show, And I'm Screaming For Her



Florence Pugh Wore An, Um, Interesting Dress To The Oscars, And Everyone's Making The Same Joke

Start with  
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## Trending

1



Celebrity

Angela Bassett Has Gone Viral After Refusing To Hide Her Disappointment When She Lost The Best Supporting Actress Oscar To Jamie Lee Curtis

2



Internet Finds • 9 hrs ago

My Literal Pea-Sized Brain Is Completely Blown After Seeing These 20 Absolutely Incredible Pictures For The Very First Time This Week





The New York Times

<https://www.nytimes.com> › 2020/01/31 › business › media ⋮

## The Future of BuzzFeed: Win or LOL? - The New York Times

Nov 19, 2563 BE — But under Mr. Smith, BuzzFeed News was a two-time Pulitzer finalist and a **winner of a National Magazine Award**, a George Polk Prize and several ...



BuzzFeed

<https://www.buzzfeed.com> › lol ⋮

## LOL - BuzzFeed

This AI **Quiz Will** Write A Rom-Com About You In, Like, Less Than 30 Seconds. This Valentine's day, get ready for a new kind of love story where YOU get to be the ...

## People also ask ⋮

What does BuzzFeed do? ^

BuzzFeed, Inc. U.S. Originally known for online quizzes **"listicles"**, and pop culture articles, the company has grown into a global media and technology company, **providing coverage on a variety of topics including politics, DIY, animals, and business.**





## 20 Cringey And 9 Funny Things Celebrities Did At The Beginning Of The Pandemic That Are Wild To Look Back On Now

It's weird looking back three years later, but I think all celebrities learned it's just sometimes better not to post.

Matt Stopera



## Everyone Has An Icky, Icky, Icky, Icky, Icky Ick — Find Out What Yours Reallyyyy Is

Don't be offended, love you all!

Maggie



## 28 Tweets By Women That Made Me LITERALLY Laugh My Ass Off This Month (Like, I Laughed So Hard My Butt Actually Said "Sayonara!" And Fell Off My Body)

"I'm not arguing with anyone who has their own picture as their lock screen. I stepped out of line and I apologize." —@jaxajueny

Alice Lahoda • 12 hours ago



## Here's How Different Famous 30-Year-Olds Of The Past 80 Years Look Compared To Famous 30-Year-Olds Today

30 just looked cooler 40 years ago, but it could also have something to do with the black and white pictures because everyone looks cooler in black and white.



## A Pic Of Someone Eating A Rack Of Ribs On A Flight Is Going Viral, And Now I Want To Know Where You Stand On Eating These 32 Foods On A Flight

You got to be real, real bold to even think about doing that.



Matt Stopera

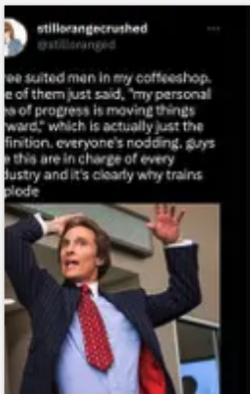


## This Might Sound Wild, But I Can Guess Your Birth Month Based On Your Cookie Preferences

Pumpkin cookie = October vibes! ✨



Kate



## 21 Tweets By Women That Are So, So, So, So, Sooooo Outrageously Hilarious

"does anyone know a good divorce lawyer? my husband asked what I was reading and I said, 'a room of one's own' and he replied, 'I actually prefer rooms with two or three zones'" — @BrotiGupta



Alice Lahoda



## "No One Else In The World Does It": People Are Sharing The Telltale Signs That Someone Is American, And Some Of These Are Painfully Accurate

"To quote a Latvian woman I met on my trip: 'You hear Americans coming like the thunder.'"



Hannah Loewentheil





## 17 Unintentionally Creepy Images That Scared The Ever Living Heck Out Of People

"Every morning at 11 a.m. or so, a 'window man' shows up and scares the heck out of me. (It's actually my neighbor's chimney)."

 Crystal Ro



## LGBTQ People Shared Their "Baby Gay" Pictures With Us, And If These Pictures Don't Make Your Day, Nothing Will

Because the signs were everywhere.

 Matt Stopera



## 50 Pictures Of Things Xennials And Gen X'ers Haven't Thought About In 30 Years, But That Will Immediately Transport Them Back To Their Elementary School Days On Sight

Put on your Reebok Club Cs, pack a snack into your favorite cartoon lunchbox, and get ready for a trip back down memory lane.



## Build A Cafeteria Lunch Tray And We'll Reveal Which Clique You Belong In

It turns out what they said was true. You are what you eat!

 Sarah Aspler

# "Everything Everywhere All At Once" Won Big At The Oscars And It's Sparking A Backlash

Critics complain that the Oscar-winning movie is too sincere — but the maximalist plot and unflinching earnestness are what make the film so moving.



**Izzy Ampil**  
BuzzFeed News Reporter

The day before the Oscars, *Everything Everywhere All at Once* codirector Daniel Kwan prepared devoted fans for gracious disappointment: “No movie deserves to sweep,” he tweeted, “no matter how good it is.” Still, *Everything* swept. It won seven of the 11 awards it was nominated for, including all the major categories it ran in.

No movie can get this popular without attracting the confusion, suspicion, or even downright rage of people who don’t get it or who look down on it. As *Everything* comes out on top of a monthslong campaign for Oscar glory, those feelings have reached a fever pitch. But perhaps the most interesting complaint some critics have made about the movie is that it is overly sentimental, so emotionally tidy as to be vacuous.



**14** [VERB 动词] 轻松赢得(竞选等); If a person or group sweeps an election or sweeps to victory, they win the election easily. [V n] [V to n] [V n to n] [V-ing]

//...a man who's promised to make radical changes to benefit the poor has swept the election...

承诺彻底改善贫困人口状况的候选人轻松赢得了选举。

In both republics, centre-right parties swept to power.

两个共和国的中右派政党都轻而易举地夺取了政权。

//...voters nostalgic for the free-spending policies of the 1980s swept his Socialists back to power.

选民们很怀念 20 世纪 80 年代的自由支出政策，这使得社会党人轻松重夺政权。

//...a sweeping victory.

一场大胜

**20** [PHRASE 短语] 使一见倾心;把...一下子迷住;

If someone sweeps you off your feet, you fall in love with them very quickly because you find them very attractive or exciting. to sweep the board » see: board

[V inflects]

I was swept off my feet. I had always dreamed of being an officer's wife.

我被迷得神魂颠倒，一直梦想着成为官太太。

About 9,640 results (0.35 seconds)

## Top stories :

The Guardian

How did Everything Everywhere All At Once sweep the Oscars?

17 hours ago



USA Today

'Everything Everywhere' historic Oscars sweep: I finally feel seen

1 day ago



SheThePeople

<https://www.shethepeople.tv> › film-theatre › everythin... ⋮

## Everything Everywhere All At Once OTT Release

15 hours ago — **Everything Everywhere All At Once Sweep** Oscars, Now To Release On OTT  
· Priya Prakash · March 13, 2023.



GQ

<https://www.gq.com> › Culture › Oscars ⋮

## 'Everything Everywhere All At Once' Swept the 2023 Oscars - GQ

1 day ago — ... especially after her win at the Screen Actors Guild Awards, which proved to be a precursor to **Everything Everywhere All At Once's sweep**.



sweep meaning in oscar



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About 8,210,000 results (0.49 seconds)



Collider

<https://collider.com> › Movie Features

## Why Only Three Movies Have Ever Swept the Oscars - Collider

Oct 1, 2564 BE — Due to the myriad of challenges in the awards race, only three films in 93 years of the Academy Awards have performed a "clean sweep," winning ...



The Guardian

<https://www.theguardian.com> › film › mar › everythin...

## What Everything Everywhere All At Once's Oscars win means ...

13 hours ago — It was a **small but meaningful gesture infused with respect**: yes, the movie doesn't take itself too seriously, veering often into the manic and ...

<https://www.theguardian.com> › film › mar › how-did-...

## How did Everything Everywhere All At Once sweep the Oscars?

17 hours ago — **A combination of old fashioned star power and zeitgeisty marketing captured Oscar voters (and audiences) across the board.**



"everything everywhere all at one stole hearts"



IGN

<https://www.ign.com> › articles › everything-everywhe...

## Everything Everywhere All at Once's Ke Huy Quan Stole the ...

15 hours ago — Ke Huy Quan won more than Best Supporting Actor at the Oscars last night as he also won the **hearts of everyone** who watched his acceptance ...



Yahoo

<https://www.yahoo.com> › entertainment › ways-everyt...

## All the Ways Everything Everywhere All at Once Made Oscars ...

1 day ago — **Everything Everywhere All at Once stole our hearts** and made us fall in love with laundry and taxes—and now it has made Oscars history.



**19** [PHRASE 短语] 在(比赛中)大获全胜;横扫; **If you make a clean sweep of something such as a series of games or tournaments, you win them all.** [PHR n]

//...the first club to make a clean sweep of all three trophies.  
第一个将3项杯赛奖杯悉数收入囊中的俱乐部。



Vulture

[https://www.vulture.com/no\\_more\\_oscar\\_sweep](https://www.vulture.com/no_more_oscar_sweep) ⋮

## What Ever Happened to the Oscar Sweep? - Vulture

Mar 5, 2553 BE — The last film to pull off a sweep of all top five categories — **Best Picture, Best Director, Best Screenplay, Best Actor, Best Actress** — was ...



Wikipedia

[https://en.wikipedia.org/wiki/List\\_of\\_Academy\\_A...](https://en.wikipedia.org/wiki/List_of_Academy_Awards_records) ⋮

## List of Academy Award records - Wikipedia

This list of Academy Award records is current as of the 95th Academy Awards nominations, ...

**Largest sweep (winning awards in every nominated category):** 11.

[Most awards or nominations](#) · [Miscellaneous records](#) · [Oscar speeches](#)



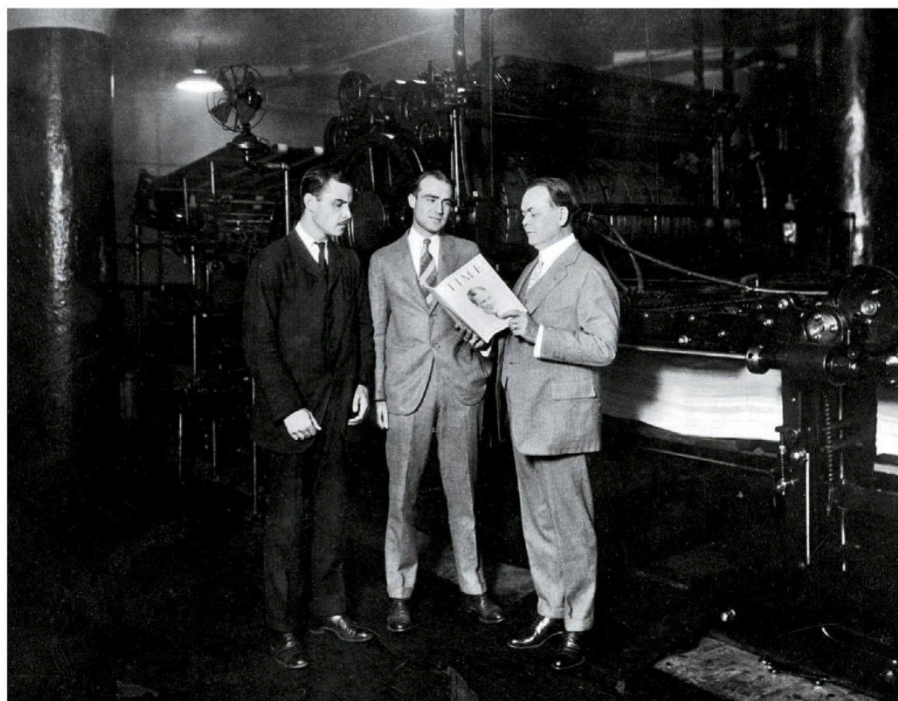
Wilmington Star-News

<https://www.starnewsonline.com/movies/2004/03/01> ⋮

## 'Lord of the Rings' sweeps Oscars - Wilmington Star-News

Mar 1, 2547 BE — LOS ANGELES (AP) - "The Lord of the Rings: The Return of the King" swept to a record-tying 11 Academy Awards on Sunday, including best ...





*TIME LEADERS THEN AND NOW. At left: Briton Hadden, left, and Luce, center, showing off the magazine to an Ohio politician; at right, clockwise from top left: CMO Sadé Muhammad, Felsenthal, COO Ian Orefice, creative director D.W. Pine, director of photography Katherine Pomerantz, Sibley, and chief HR officer Ali Hernandez*

## The March of TIME

THIS ISSUE IS, FOR ALL OF US AT TIME, AN EXTRA-ordinarily special one. Publishing 100 years since our brand came to life as a 32-page weekly, it is a marker of constancy and change. Constancy in our unwavering commitment to trusted journalism that tells the world's story through the people who shape it. Change in so many ways, but most important in the stories themselves and the ways we tell them.

One measure of the distance of 10 decades: On the cover of that March 3, 1923, issue: "Uncle Joe" Cannon, the then 86-year-old retiring Speaker of the House who, as TIME put it, "represents the Old Guard in the very flower of its maturity." A century later in this issue, our focus is on leaders disrupting the Old Guard: TIME's 2023 Women of the Year, a now annual franchise amending the record of a magazine that at its outset was explicitly for "busy men." Today, of course, we tell these and all of our stories not only in print but also across all of our digital, video, and social platforms to an audience of more than 100 million people around the world, by far the largest in our history.

**TIME'S CO-FOUNDER HENRY LUCE** saw business as an exercise in foresight, and the company he launched was from the start an innovator. Out of TIME's pages sprang numerous new businesses and brands, from *Fortune* and *Sports Illustrated* to, decades later, *People* and HBO. TIME itself evolved from print to documentaries and feature films even in its earliest days, winning an Oscar in 1937 for a news series known as *The March of TIME*. Long before the internet, it pioneered now ubiquitous formats, from the news brief (the original prospectus decreed that no article could be longer than 400 words) to quizzes and memes. It changed the American vocabulary itself, bringing into the lexicon words like *tycoon* and *pundit*.

As we begin our second century, that spirit of innovation and disruption inspires us every day. At this moment of massive transformation in our industry and the world we cover, we are more committed than ever before to ensuring that our company and our journalism thrive in the decades to come. In the coming months as we implement the future-forward plan we call TIME 3.0, you'll see deepened focus and new experiences on our digital platforms; incredible new films from our TIME Studios division, which has produced dozens of documentaries and specials for nearly every major streaming platform since its launch three years ago; amazing live events all over the world, including one in Los Angeles to celebrate the TIME Women of the Year on International Women's Day, March 8; and much more.

It seems fitting that, looking back at the first magazine of 1923, one rubric has made it through the full century to today: the Milestones column, which marks historic moments in the world. As we reach our own Milestone, we are honored by the continued trust of our customers and of those whose stories we are privileged to tell. We are grateful to our TIME colleagues who bring these stories to life; to TIME's owners, Marc and Lynne Benioff; and to our audiences around the world for their support of our work and our mission. To quote Lynne, "If it's history, it's in TIME, and if it's in TIME, it's history." Thank you for being part of ours.

Jessica Sibley,  
CEO  
@JSIBO

Edward Felsenthal,  
EDITOR-IN-CHIEF  
@EFELSENTHAL



## 5 ways to find happiness on your own

BY ANGELA HAUPT

FORGET EVERYTHING YOU'VE heard about being single—starting with the assumption that it means ready to mingle. The marriage rate has been decreasing for decades, and more people than ever before are living solo: nearly 40% of adults in the U.S. are unpartnered, up from 29% in 1990, according to the Pew Research Center. About half aren't interested in dating or a relationship.

Evidence suggests that people in romantic relationships tend to be happier and have greater life satisfaction than singles, but—as with all relationships—it's complicated. Research has found, for instance, that people in unhappy marriages have equal or worse health outcomes compared with those who were never married. Another important caveat: the singles who have the hardest time with their relationship status tend to be divorced people. Widowhood is also associated with worse mental health.

Researchers are only beginning to understand how singlehood affects health and happiness, and the solo life comes with surprising perks, says Bella DePaulo, a (happily single) social psychologist. “Once I realized that single was who I really was, and that was never going to change, it was wonderful,” she says.

As the new science of singlehood crystallizes, here are some of the most intriguing lessons researchers have uncovered about how to pursue a fulfilling, meaningful, and psychologically rich solo life.

### 1. Identify the upsides

Long-term singles tend to have certain values in common, like cherishing “**freedom, independence, and even creativity and nonconformity** more than others,” says Elyakim Kislev, a researcher at the Hebrew University of Jerusalem and author of books including *Happy Singlehood*. In one study, hundreds of unpartnered men and women rated having more time for themselves, being able to focus on their goals, and not having anyone else dictate their actions as the top perks of a solo life.

### 2. Don't rush to couple up

People who focus on what they don't have “often find themselves miserable,” Kislev says. His research indicates that the more someone wants a relationship, the less satisfied they'll be with their single life. It's key to **find ways to enjoy your current relationship status**. Even if you eventually want to couple up, take stock of the benefits

of singleness. Engaging in hobbies and self-care activities can boost self-esteem and overall life satisfaction, he says. So can a sense of purpose, achieved perhaps by volunteering or pursuing a passion.

### 3. Tend to your friends

Those in relationships often turn inward to their partners and families. As a result, “coupled people, especially men, may lose their friends over time and find themselves lonely later in life,” Kislev says. Singles, on the other hand, typically have stronger social ties, a key to happiness. Research suggests **those without a partner usually have more friends** and are more likely to support and visit their parents and siblings.

### 4. Embrace a healthy sex life

People in relationships tend to have more sex

than singles, says Geoff MacDonald, a psychology professor at the University of Toronto. But his research finds that the extent to which single people are happy with their sex lives predicts their satisfaction with their relationship status. **Those with higher sexual satisfaction tend to report less desire to marry** and hold stronger beliefs that singletons can be happy.

### 5. Ignore any stigma

Many people continue to see singlehood as a transitory stage on the way to a romantic relationship—and as “a second-best option or a failure to find a partner,” Kislev says. If you're single but worried about what others think, “**live your single life fully, joyfully, and unapologetically**,” says DePaulo. “People who try to stigmatize you are the ones who should be embarrassed—not you.”







## The Leadership Brief By Eliana Dockterman

CORRESPONDENT

SINCE TAKING OVER AS CEO OF THE Academy of Motion Picture Arts and Sciences last July, Bill Kramer has been putting out fires. The Academy is still dealing with the fallout of Will Smith's slapping Oscars host Chris Rock. And in January, a celebrity-backed campaign that some accused of violating Academy rules powered Andrea Riseborough to a surprise Best Actress nomination for her performance in the little-seen *To Leslie*, boxing out two Black actors who had been considered contenders, Viola Davis and Danielle Deadwyler. The Academy launched an investigation but decided not to rescind Riseborough's nomination. Kramer spoke to TIME about the controversies and adding a "crisis team" for the big night.

**Academy President Janet Yang recently said that the response to the slap was inadequate. What would an adequate response have looked like?** Let's hope something

like this never happens again—but we could have moved more quickly. And I'm not just talking about the night of the show. This is really our response after the show, and how we spoke about it, and how we talked to Will and Chris, and our members.

**Are there any measures being put in place this year for surprises?** We

have a whole crisis team, something we've never had before. We've run many scenarios. So it is our hope that we will be prepared for anything that we may not anticipate right now.

**I can't conceive what coming up with scenarios looks like.** Because of last year, we've opened our minds to the many things that can happen. But these crisis plans—the crisis communication teams and structures we have in place—allow us to say this is the group that we have to gather very quickly. Obviously depending on the specifics of the crisis, and let's hope something

**'We have a whole crisis team... We've run many scenarios.'**

—BILL KRAMER,  
ACADEMY CEO



*Will Smith shocked more than Chris Rock at the 2022 Oscars*

doesn't happen and we never have to use these, but we already have frameworks in place that we can modify.

**You recently issued a statement about Andrea Riseborough. Do you expect similar social-media-fueled campaigns to spring up next year?** 

I think social media is a space where, if used properly and used in an ethical, kind, fair way, is a great leveler. I think it can be a good thing. We just need to put some guardrails around that.

**Speaking of equity, *The Woman King* was snubbed. Director Gina Prince-Bythewood has talked about—and maybe you've read... I had lunch with her two days ago.**

**She said white actors can launch campaigns that rely on social connections in Hollywood in a way that many Black women and women of color cannot. What should the Academy's role be in making sure that campaigning is equal for everyone?**

In our industry there is sometimes a resistance to looking at certain roles and genres as being award-worthy. As an Academy, we work very hard to ensure that our members see and engage with them. To Gina's point about not a lot of people wanting to see *The Woman King* because [Academy members] didn't think it was "the sort of film that they should be considering," we need to break down those barriers. The film was remarkable. It was a critical success. It was a commercial success. For the same reason *Top Gun: Maverick* is being considered a Best Picture candidate, *The Woman King* should be in that conversation, as well as many others. It's critical for us. I hate that this happened. But I think we all want to see this as a silver-lining moment and do something about it.



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# 100 Years

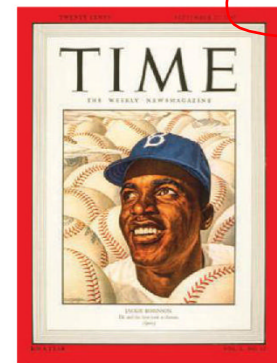
A century-long tradition began March 3, 1923, with the first issue of TIME. Ten decades later—and counting—we're still covering the world's news through the stories of the people who shaped those events. To mark TIME's centennial, we're looking back at some of our most influential moments, all framed by the cover's red border—and looking ahead to the stories that the events of tomorrow may bring.

Find more at [time.com/100-years](http://time.com/100-years)

# of TIME

## Breaking barriers Sept. 22, 1947

By Spike Lee



*IMHO*  
IN MY UNHUMBLE opinion, Jackie Robinson is the greatest American in history/herstory. I met him only once. It was in his later years, at a Long Island University

basketball game, which was played at what used to be the Paramount Theatre, where Frank Sinatra sang to thousands of Bobby Soxers, at the corner of DeKalb and Flatbush, across the street from Junior's cheesecake, in the People's Republic of Brooklyn, New York.

During halftime, my Father pushed me toward Jackie, whose head was full of gray. At first I couldn't believe this man was the great Jackie Robinson. I went up to him and said, "My name is Spike Lee and I know who you are." His big hand swallowed mine. Jackie said, "Young fella, do you play baseball?" I answered, "Yes, sir." Jackie said, "What position?" I quickly answered, "Second base." "So did I!" Jackie shot back. After that, my Father taught me how Branch Rickey signed Jackie to the beloved Brooklyn Dodgers, breaking baseball's color barrier.

"Dem Bums" were the favorite team for Black Folks, even the ones who didn't know about baseball. They said their prayers every night on bended knee that Jackie would get a hit. They knew a lot—maybe everything—was riding on this. The advancement of The Negro Race. No African American had more pressure on him/her to succeed than Jackie. OK, you may throw President Barack Obama in there, but if Jackie had failed "the Great Experiment," would Obama be the First Black President? Jackie's failure would have set Black Folks back for many generations afterwards. Martin Luther King Jr. said himself, "without him I would never have been able to do what I did." He was a Sit-Inner before Sit-Ins. A Freedom Rider before Freedom Rides.



## FROM THE VAULT



### GLAMOUR SHOT

A 1935 photograph of Jean Harlow, whom TIME called "the foremost U.S. embodiment of sex appeal," was such a departure from the norm that some readers were scandalized. "Movie stars' faces are all right in the movie magazines, in pictures, and in their proper place," one wrote in, "but not on the front cover of TIME."

## 1927

### YEAR THE RED BORDER FIRST APPEARED

TIME's editors tried both green and orange to add some color to the cover, before landing on the red border for which TIME is still known. The border debuted on the Jan. 3, 1927, cover alongside a charcoal portrait by S.J. Woolf of British politician Leopold Charles Maurice Stennett Amery—and has appeared on almost every issue since.



Aisha pictured in Maryland in February 2023

## A new life Aug. 9, 2010

By Angelina Jolie



BIBI AISHA WAS 12 WHEN her father forced her to marry a Taliban fighter. She fled abuse at his hands, only to find herself captive once again. She recalls the terrible night she was taken up a mountain and tied hand and foot while her husband and other Taliban

members discussed whether she deserved to be mutilated or executed. They cut off Aisha's nose and ears and left her to die, but she somehow found the strength to find help. "A power walked with me that night," she told me. Appearing on the cover of TIME for a story about the stakes of war in Afghanistan for women led to a new home in America. During years of painful reconstructive surgery, she learned to read, write, and speak English. Today, the picture she is proudest of is on her driver's license. But Afghanistan remains in her thoughts: "No one is safe with the Taliban." She spoke to me from Maryland, where she is studying to become a nurse.

**I've been fortunate to meet extraordinary women like you, who have really shaped a lot of who I am and what I believe about**

**life. Many people don't know your story. Can you tell us about it?** My father arranged a so-called marriage for me. And I got married to someone in the Taliban, and lived with them for almost five years. And they abused me every day. I didn't have any rights. I decided to run away, so I went to my neighbors' house. The police took them away, and took me too. I didn't have any choice except to go back and live with the Taliban. So I was happy to stay in jail. I stayed for five months. No one was beating me,

and I had good food. Then my so-called father-in-law came and bribed the police and took me. I begged the police to let me stay. But I didn't have another choice. I went with them. And then my so-called husband came by and took me to the mountains. They tied my hands and my feet. And they cut my first ear, and then another ear and

then my nose. And then he said, "We don't care about you. We want to leave you here to die." I walked. I went to my uncle's house and he didn't want to open the door to me. But something was powering me that night. I knocked on doors and told my story. I decided that I wanted to survive. I went to an American hospital and did my treatment for 2½ months, and

### A WARNING

In a letter to readers, TIME noted that editors had consulted psychologists about this cover's potential impact on people who saw it.



they treated me like a family member. They saved my life. Someone in America accepted my case and said they would do my surgery. I spent nine months in a shelter. I had no idea what would happen to me. And suddenly TIME magazine came to me and took my picture. They opened the door for me.

**You were brave in showing your wonderful self to the world, and what was done to you. Now, after the withdrawal from Afghanistan, the same people who harmed you are in charge. All that we learned and are outraged about, we know is happening every day.** It's really hard for me. I put myself in the shoes of an Afghanistan woman. They had freedom for 20 years, and then suddenly they shut down everything for them. And they don't have any rights.

**It's clear that those who block women from education do so because they're full of fear.** When you don't have an education, you cannot do anything in your life. My teacher said, "When you learn mathematics and algebra, you're slapping the Taliban in the face." That made me so happy. The most important thing you can do is to educate women so they can help themselves.

**You've experienced cruelty in your life. But it sounds like there are many people in your life now who want to protect you because they love you so much.** When I came to Maryland and met my adoptive parents, I didn't tell my whole story to them. They just accepted me. I am surrounded by so many good people.

**I have a feeling you're going to keep learning your whole life.** This is my goal. I want to become a nurse to help people. I've had 31 surgeries, which means I have a lot of experience in the medical world. I want to help people who are hurting and say to them, if I could get through my darkest hours, you can.

*Jolie is a contributing editor at TIME*

## 'Dear Mr. Luce ...' Jan. 3, 1964

By Martin Luther King Jr.



"In 1963," Martin Luther King Jr. once told TIME, "the civil rights issue was impressed on the nation in a way that nothing else before had been able to do." In recognition of King's role in that change, the magazine named him Man of the Year. In a Jan. 16, 1964, letter to TIME co-founder

Henry Luce, King explained what that designation meant to him—and to the movement:

Dear Mr. Luce:

I am deeply honored that your staff and editorial board saw fit to name me as your 37th Man of the Year.

In light of the unprecedented peaks of drama, history and tragedy that characterized the year 1963, I must say that it is with a deep sense of humility that I thank you for so naming me, realizing that there are so many others who justly and deservedly should be accorded such a tribute. I would like to think that this is indeed an honor not to be coveted by me personally, but rather one to be shared by the millions of courageous people who have been caught up in the gallant spirit of the entire freedom movement, even to offering their bodies as personal sacrifices to achieve the human dignity we all seek. This, then, I consider a high tribute to this disciplined legion of nonviolent participants who are working so untiringly to bring the American dream into reality.

Permit me also to congratulate TIME upon its inclusion in the article of many of the Negro professionals who have achieved success in numerous areas of the main stream of America that ordinarily might go unnoticed by TIME's large audience of readers. This image of the Negro is certainly one that many of us like to see carried in the pages of our national periodicals, for it does much to help grind away the granite-like notions that have obtained for so long that the Negro is not able to take his place in all fields of endeavor and that he is lazy, shiftless and without ambition ...

Again may I say thanks for the honor you have bestowed upon me and my constituents in the civil rights struggle. It will long be remembered in association with a year that has carved for itself a uniqueness in history.

Sincerely yours,  
Martin Luther King, Jr.

### FROM THE VAULT

## 16 in.

### SIZE OF THE 'ENDANGERED EARTH' GLOBE

When TIME decided to name a Planet of the Year for 1988, rather than a Person, the artist Christo was commissioned to craft a cover image. He wrapped a globe in polyethylene and rope, and then drove more than 350 miles to find the perfect setting in which to take a photograph of it. "The result—*Wrapped Globe 1988*—is a fitting symbol," the issue noted, "of earth's vulnerability to man's reckless ways."



### THE REAL THING

For a 1950 story on Coca-Cola, the editors hoped CEO Robert Woodruff would appear on the cover. He retorted that the bottle mattered more than he did—resulting in this illustration by Boris Artzybasheff, the artist behind more than 200 iconic covers.



## FROM THE VAULT



### THE RED X

The May 7, 1945, issue was already being printed when news broke that Adolf Hitler was dead. Fortunately, TIME already had a portrait of the Nazi leader ready, and sent it to the printers with instructions to put a red X over the face. It was the first cover with the bold symbol, which has since been used five times.

# 148

### LENGTH, IN FEET, OF THE 'RESILIENCE OF UKRAINE' PHOTO

For the March 28, 2022, cover, French artist JR created an interactive portrait of a 5-year-old Ukrainian refugee named Valeriia, using a giant print of an image by photographer Artem Iurchenko. JR, his team, and hundreds of volunteers unfurled it in front of the National Opera in Lviv, as a drone took a picture from above.

## All in the family

### May 21, 2012

MOST TIME COVERS FEATURE people already accustomed to the harsh glare of fame. Others depict those caught up in situations not of their own choosing. But occasionally, a regular person wanders unwittingly into the red border, because his or her life and the news briefly overlap. Such was the case in 2012 when Jamie Lynne Grumet and her son Aram appeared next to the question ARE YOU MOM ENOUGH?

Grumet and her son were doing something they did every day, usually around nap time: nursing. Aram was 3, older (and taller) than most breastfeeding American kids, but Grumet, who was herself breastfed until she was 6, was an advocate of the attachment-parenting theories of Dr. Bill Sears—which include allowing kids to set their own weaning timelines, and which were the subject of the cover story. “Aram was getting sleepy, so he was just standing there nursing while they were kind of pulling my hair back,” recalls Grumet, of the moment photographer Martin Schoeller snapped a shot. “It wasn’t necessarily something we were posing for. It wasn’t something that was unnatural either. It was just how we were.”

The combination of the unconventional pose, Aram’s size, and the provocative cover line caused an uproar. “I saw it in the media before I got to see it on the cover,” says Grumet, who lives in California. “People who were awake before I was were sending videos of all the news outlets that were covering it.” She was shocked at how much attention it got, not all of it positive. “It’s just such an abnormal human experience, having this much attention on you, and it’s not necessarily healthy,” she says. “It was really interesting, but that the focus was on me was scary. I felt really vulnerable.”

The cover had been the subject of considerable disagreement within TIME’s staff, with some calling it



Grumet, right, with her son Aram, now 14, at home in February

sensationalized and others saying it accurately captured the pressure mothers were under. Outside TIME’s walls, the cover was fodder for comedians, parenting experts, and a legion of letters to the editor. Thousands of people emailed Grumet, ranging from Dr. Sears to Alanis Morissette, who wrote the introduction and the foreword, respectively, for an attachment-parenting book Grumet

wrote in 2019. After meeting other advocates at her media appearances, she became involved in clean-water and refugee causes, working in Europe, Asia, and sub-Saharan Africa. She traveled a lot, she thinks now, partly to prove a point—that attachment parenting didn’t lead to clingy kids. Her feelings about the cover have changed over the years. “I was worried at the time that it had done more damage than

helped—but it didn’t,” she says. “Attachment parenting has been a lot more normalized the past 10 years, and so has breastfeeding.”

As for Aram, now 14, he remembers little of the shoot, and almost none of the brouhaha that followed. He recalls his appearance on the *Today* show as “a room full of cameras.” The cover hangs on the wall of his bedroom alongside paintings by his grandmother. His friends don’t ask about it, but if they did, he’d be happy to explain. “I’m proud of it. I like it,” he says. “I just see myself and my mom. It makes me feel happy that my mom helped people, like, nurse their children in public, so they didn’t feel awkward or nervous.” —BELINDA LUSCOMBE





# Your big moment Dec. 25, 2006

By Richard Stengel



TIME's choice for Person of the Year is kept under wraps even inside the newsroom. So it was only a few weeks before my first POY closed that I told a larger group of colleagues that the choice for 2006

was “You”—user-generated content. The cover would have reflective Mylar on it so readers could see themselves. The idea was that in the age of emerging social media, content creators were changing the world. At that meeting, a writer with a well-deserved reputation as a contrarian said to me, “You know you’re going to be mocked for this.” I respected his candor, but I shrugged it off.

Well, he wasn’t wrong. The New York Daily News wrote that it was one of the 10 most controversial POY covers in history, right up there next to Stalin and Hitler. Jon Stewart held up a picture of me holding the cover and mimicked me looking in the mirror. Frank Rich in the New York Times called it a “stunt” and said it might sink TIME. Countless college seniors wrote at the end of their résumés, “TIME Person of the Year, 2006.” That still makes me laugh.

But think about it: This was 2006, not long after Facebook launched. MySpace was huge. YouTube was a year old. Twitter, Instagram, and Snapchat didn’t exist. It was the start of a revolution that has made user-generated content the foundation of the world’s media. Instead of the few creating for the many, the many now create for one another. The idea was and still is a radical one. If I got anything wrong, it was in not anticipating the downside of this new information calculus, the rise of hate speech and disinformation, and how a democratized system could be used against the very idea of democracy. I still think that the benefits outweigh the costs—and that the future of the media still depends on, well, You.

Stengel, a former editor of TIME, is the author of *Information Wars: How We Lost the Global Battle Against Disinformation*



## ‘It was about my community’ June 9, 2014

WHEN TIME ASKED LAVERNE COX TO BE the magazine’s first out transgender cover subject, for a story about the fight for trans civil rights, she didn’t hesitate. After rising to fame in 2013 for her role on Netflix’s *Orange Is the New Black*—for which she would become the first out trans person nominated for a Prime-time Emmy in an acting category—she knew she had to seize her time in the spotlight. “When the TIME cover came along, it was in the context of me trying to use this moment to mean something. It wasn’t about me—it was about my community.”

Looking back on that story nearly a decade later, it’s clear we’re in a different era—one in which news stories about trans issues don’t spend as much real estate on definitions and history, but readers’ increased literacy has paralleled more troubling developments. “In 2023, we are at the height of the backlash against trans visibility. We have way more people who are educated about trans folks, but there’s also been a rigorous misinformation media machine,” says Cox. “The backlash is ferocious. It’s genocidal.”

Since that cover, Cox has furthered her acting career with roles in *Promising Young Woman* and *Inventing Anna*. She executive-produced a 2020 Netflix documentary, *Disclosure*, about trans representation in Hollywood. And her role as an activist remains at the forefront. “Transgender people just want to exist,” she says. “Even in the face of the propaganda and the bills trying to banish our existence, we’ve managed to find each other.” —MOISES MENDEZ II

### FROM THE VAULT

# 2

### LICHTENSTEIN COVERS IN 1968

As the May 24, 1968, cover subject, Bobby Kennedy became one of the few real people ever portrayed by modern-art icon Roy Lichtenstein, TIME noted in a letter to readers in that issue. The artist said he admired RFK’s “pop-heroic proportions as part of a legend.” When Kennedy was assassinated just two weeks later, TIME turned again to Lichtenstein—this time for a cover on “The Gun in America.”



### SELF-PORTRAIT

For the July 30, 1965, cover on Marc Chagall, the artist agreed to do a self-portrait, going through almost a dozen drafts before settling on one. When the painting and interviews were done, he declared the experience “one of the great events of my life.”



# CATE *Blanchett*

## EMBODYING COMPLEXITY

BY STEPHANIE  
ZACHAREK

WHEN CATE BLANCHETT WAS AROUND 5, she wrote a miniessay—saved for years by her mother and unearthed serendipitously during a recent move—envisioning her possible future as an adult: “When I grow up, I would like to be a man. I would still love my family. But I could light a fire and go to work. And when I’m bored being a man, I think I’ll just be me.”

Blanchett tells this story over tea in Los Angeles, amused by the kid logic behind it. Yet all those half-fanciful, half-practical dreams have come true for her, at least figuratively. She has played a man—more than one, in fact—in movies like Julian Rosefeldt’s dazzling 2015 *Manifesto* and (as the puckish troubadour Bob Dylan) in Todd Haynes’ 2007 *I’m Not There*. Though she seems to take on projects without a lull, in conversation it’s evident that even when traveling—she lives with her family in England—her thoughts stay close to home. A teenage son who’s looking at universities, a husband, Andrew Upton, with whom she runs the production company Dirty Films: family is her inner orbit, maybe even the sturdy gravitational pull that makes her work possible. And if you think she can’t light a fire—well, just look at her.

For her role in Todd Field’s *Tár* as a top-class composer and conductor who negotiates the world on her own terms, Blanchett has been



nominated for an Academy Award for Best Actress (her seventh nomination, and if she wins, her third Oscar). Blanchett’s Lydia Tár isn’t for you if you believe fictional characters, particularly women, ought to be role models. She’s gay, but that doesn’t make her nice. She achieves her overscale ambitions, but not without running roughshod over the women around her. Still, she’s magnificent.

Blanchett, 53, is drawn to multishaded characters who don’t court our approval—an all-time favorite is Ibsen’s compulsive manipulator Hedda Gabler, whom she’s played onstage—but Lydia Tár, in all her self-destructive glory and compelling unlikability, is like no one else we’ve ever seen onscreen. “We’re all imperfect creatures. And sometimes we don’t want to look at the unthinking, unintentional, inexplicable, ambiguous sides of being female,” Blanchett says. “We are brave, we are noble, we are generous, we are collaborative. But we are also the dark side of that, because women are complex beings.” You can’t hide from the truth of yourself, and that’s the very human side of Lydia Tár: “We know more about her than she knows about herself.”

A SLITHERY-SHREWD FEMME FATALE psychiatrist in *Nightmare Alley*, a 1950s mother who risks everything for another woman’s love in *Carol*, the murdered Irish journalist Veronica Guerin in the film of the same name—Blanchett’s roles speak to her preference for teasing nuance even from characters



we think we've figured out. And in person, taking on the perhaps more challenging job of talking about herself, she poses multiple questions on the way to formulating her answers, often looping back to link a previous thought with a new one. Her movie-star presence is mildly daunting: Her short, sun-blond ponytail gives her the air of a punk ballerina. Sitting across a table from her, you realize that the special-effects glow radiating from her elf sage character Galadriel in Peter Jackson's *Lord of the Rings* trilogy was really just a minor, not-very-necessary enhancement.

But then, her capacity for delight reminds you that she really is of this earth. She talks about a recently discovered hobby, turning ceramic pots on a wheel, confessing that what she mostly does is center the clay and begin the shaping, only to scoop up the half-formed object and begin again. And she cracks up when, halfway through a somewhat glam photo shoot, she realizes that her black stretch pants have been on backward the entire time. "I think this is the bum part!" she says, pointing to two misguided bubbles of fabric pooching out from her hip bones.

Back-to-front pants are the least of anyone's problems, Blanchett knows. The world has been open to her in a way it has not been to others, her work ethic notwithstanding. Sometimes a childhood is marked by grief, and Blanchett's was: her father died suddenly, with no life insurance, when she was 10. Her mother and grandmother raised her and her

*Blanchett  
plays the  
magnificent yet  
reprehensible  
Lydia Tár*

**'WE'RE ALL  
IMPERFECT  
CREATURES.'**

two siblings on their own. But she speaks of her childhood circumstances only glancingly, fully aware of her advantages, including those that come simply with being born a white Australian. In 2012, she was horrified when her home country decided to shunt processing of refugees and asylum seekers offshore, to Manus and Nauru, and the shame of it spurred her to action. She has been a U.N. Goodwill Ambassador since 2016, working with the organization's refugee agency, the UNHCR, to raise awareness—and funds—to aid refugees worldwide. In the field, she is most struck by the plight of children. "You think, People have to see this, and they have to hear these people's stories."

**BLANCHETT IS AWARE**, too, that one global problem connects to another, and yet another. The climate crisis, she says, is one of the biggest challenges we face as a species, and she's alarmed by the amount of waste she sees in her line of work in particular. From 2007 to 2012, she and Upton ran the prestigious Sydney Theatre Company, and Blanchett takes great pride in how they repurposed sets and got the whole company involved in conserving resources. She'd like to make similar changes in the film industry. Why send a team of location scouts when you can make do with one or two? Why not meet virtually instead of traveling? Blanchett is eager to connect as many dots as possible, knowing that changes in one area force us to see the whole with greater clarity. "When people talk about gender parity, when they talk about exclusion and inclusion, they always look at the cultural institutions in this country first," she says. "So it's upon us to make those changes."

It's also incumbent upon those institutions—and upon us all—to listen, especially when we've made mistakes or failed to act with enough urgency. "It's so important to see where people are coming from," she says. "We're all in the act of becoming. Life is a constant act of changing and evolving."

At the heart of that evolution is creativity, which demands building on past experience but also being perpetually open to change. "Writers are constantly recycling ideas," she says. "You can't say there's an actor alive today who hasn't been influenced by Liv Ullman or Bette Davis or Joan Crawford." And even as we draw energy from the women who have come before us, she says, we have a responsibility to all those who will come after us. This is part of what it means to light a fire, and to go to work. But the underpinning of it all is to be oneself.



# AYISHA *Siddiq*

## DEFENDER OF THE PLANET

BY KYLA MANDEL

WHEN AYISHA SIDDIQA TALKS ABOUT poetry, her face lights up. For the 24-year-old Pakistani human-rights and climate defender, poetry represents hope—a way to bring humanity back into the staid, high-level conversations that increasingly occupy her time. At the annual U.N. climate conference in Egypt in November, she shared an original poem titled “So Much About Your Sustainability, My People Are Dying” as an unvarnished rebuke of leaders’ failure to act on climate change—the effects of which were made clear by Pakistan’s deadly floods last summer.

Her mission is deeply personal. At 14, Siddiq realized how unsafe the environment can be after witnessing the illness and death—including of her grandparents—that came from her community’s polluted river water. At 16, she experienced another awakening as she became aware of the link between human rights and climate change. Growing up in a matriarchal, tribal community in eastern Pakistan helped shape her outlook. “I was raised with the idea that the earth is a living being, that she gives life to you and in return, you have a responsibility,” she says. “And I think we, collectively, have come to a point where we are ignoring the cries of earth mother.” These realities and values motivate Siddiq to use her voice to uplift the vulnerable and hold polluters to account.

In 2020, Siddiq co-founded Polluters Out, a global youth activist coalition, and helped launch the Fossil Free University, an activism training course. Now, she’s working to set up a youth climate-justice fund to better distribute philanthropic funding to grassroots activists around the world. And as a research fellow for the Climate Litigation Accelerator project at New York University’s Center for Human Rights and Global Justice, she’s helping to create a system of support that breaks down silos between intergovernmental leaders and local activists, as well as pushing to integrate the rights of humans and nature alike into climate law. “This work is definitely intergenerational,” she says. “I am young now. Tomorrow, I won’t be. I absolutely love working with people younger than me to pass on this knowledge so that the chain never breaks.”



# Megan Rapinoe

## CHAMPION OF EQUAL PAY

BY SEAN GREGORY

For Megan Rapinoe, reminders of dark moments from the U.S. women’s soccer team’s protracted fight for equal pay pop up from time to time. In February, when Rapinoe walked into the locker room at Toyota Stadium in Dallas for the SheBelieves Cup, her mind immediately flashed back to the same tournament in March 2020, when she and her teammates wore their warm-up jerseys inside out to hide the U.S. Soccer Federation crest. They were protesting U.S. Soccer’s court filing, which argued that the women did not perform jobs requiring “equal skill, effort and responsibility under similar working conditions” compared with the players on the men’s team.

Those difficult times are now behind her. In September, the women’s and men’s teams signed historic collective-bargaining agreements guaranteeing identical pay structures for national team appearances and tournament victories, revenue sharing, and

equitable distribution of World Cup prize money. “It’s a huge step forward to continue to build the sport,” says Rapinoe, who won the Golden Ball award for the top player at the 2019 World Cup in France. The most visible and outspoken member of the back-to-back World Cup-winning team, Rapinoe led a movement that’s been adopted by players in other countries including Canada and Spain and has inspired women across fields to demand equal pay.

Rapinoe, 37, will play in her final World Cup this summer in Australia and New Zealand. “I’m all for longevity, but we don’t need to drag it,” she says. Worldwide, investment is growing in the women’s game, threatening U.S. supremacy. While she likely won’t be a starter down under, the U.S. may need her late-game punch. “I want our team to feel confident and swaggy and be exactly who we are,” Rapinoe says. “But ultimately, I want to win. That sh-t’s fun.”



# VERÓNICA *Cruz Sánchez*

STANDING UP TO ABORTION BANS  
BY CIARA NUGENT

**F**OR VERÓNICA CRUZ SÁNCHEZ, THE PAST year has felt like traveling back in time. Since 2000, Cruz's feminist activist network, Las Libres, has transformed the experience of getting an abortion in Guanajuato, a deeply conservative Mexican state that had criminalized abortion in almost all circumstances. Cruz and her colleagues have worked to distribute misoprostol, a WHO-approved abortion pill, across Guanajuato, helping women feel confident in its safety, and inspiring similar networks in other Mexican states. But north of the border, the mood is more tense. "In the U.S., the women we see are terrified," Cruz says. "They have very little knowledge about the pills."

Over the past 18 months, Cruz, a pragmatic, fast-talking 52-year-old who has campaigned for social-justice organizations since she was a teen, has expanded Las Libres into the U.S. After the Texas legislature passed a near total abortion ban in May 2021, she received a flood of messages from Americans asking how to help affected women. Interest also surged after *Roe v. Wade* was overturned in June 2022. Las Libres now counts around 300 volunteers in the U.S., who have so far assisted some 10,000 women.

It helps that abortion pills are readily available nearby: just a week after the Texas law went into effect, a ruling from Mexico's supreme court on Sept. 7, 2022, decriminalized abortion in the entire country, establishing a constitutional right to the procedure. (Las Libres is still working in Mexico to inform harder-to-reach Indigenous and rural women about their rights.) It was "gratifying," Cruz says, to see Mexican politicians supporting the ruling. "For 20 years they told me I was crazy, and now they're repeating my words."

Many might worry about the risk of defying laws like the one in Texas, which targets anyone who "aids and abets" abortions. But Cruz isn't afraid, she says, noting that media visibility may have helped her avoid legal problems before. And, she adds, the idea of being arrested for helping women get medical care drives her. "When people tell me I'm crazy to risk arrest, it makes me angry. What I'm doing is the only reasonable thing to do."

ONO: ISSEI KATO—REUTERS

PHOTOGRAPH BY KHOLOD EID FOR TIME



## *Makiko Ono*

ASCENDING CEO  
BY CHARLIE CAMPBELL

You don't rise to the top of Japan's most venerable whiskey company without the occasional hangover. So it's no surprise that Makiko Ono—who on March 24 becomes CEO of Suntory Beverages and Food, part of a conglomerate best known for producing Jim Beam and Maker's Mark—has advice on a post-liberation restorative. "When I was younger, energy drinks," she says.

A more stubborn headache is getting women into the upper echelons of business. Worth some \$10.4 billion, Suntory is the most valuable company under female leadership in Japan, where less than 1% of the top stratum of listed firms have a woman as CEO. Women occupy only 8% of board seats at Japanese public companies, compared with 26% in the U.S. and 45% in France. Though Japan boasts the world's third largest economy, it ranked 116 out of 146 countries in the 2022 World Economic Forum gender-gap report.

It's a problem that Ono, 62, is determined to address internally at Suntory. After she takes over, four of the company's nine board directors will be female; Suntory aims for 30% of managers to be women by 2030, compared with just 13% today. "We are committed to designing a career path to promote women to management positions," says Ono.

Ono, who is single, admits that she probably wouldn't have reached her leadership role had she chosen to raise a family—but says women in the company no longer have to make such a stark choice. "Now 100% of our female employees who gave birth return to work," she says.

It's a new culture that she's proud to have helped forge, hoping others will take heed. Asked if she has a message for young women trying to build their careers, she is clear: "When opportunity comes, just give it a try. Take on challenges with an open mind." —With reporting by Mayako Shibata/Tokyo





# ANIELLE *Franco*

BOOSTING  
RACIAL  
EQUALITY

BY CIARA NUGENT

**A**NIELLE FRANCO, BRAZIL'S RACIAL EQUALITY Minister, never planned to be a politician. That was her sister's thing. Five years older than Anielle, Marielle was passionate, decisive, and a born activist. In her campaigning for Rio de Janeiro's Black and LGBTQ communities, she would "act first and worry later," Franco recalls. "I was more timid. Because I had my sister there as a leader, I stayed on the sidelines."

That changed in March 2018. A year after taking a seat on Rio's city council, Marielle was assassinated—in retaliation, her colleagues believe, for her activism against police violence, racism, and corruption. The search for justice thrust Anielle, then 33, into the national spotlight. A competitive volleyball player and English teacher, she pivoted to full-time activism, launching a nonprofit in her sis-

ter's name, at a time when far-right President Jair Bolsonaro, elected in late 2018, was taking a hammer to the human-rights agenda in Brazil. Her tragic family story, warm personality, and deft use of social media turned the once reserved Franco into an unlikely leader in Brazil's Black-rights movement.

Now 38—the same age Marielle was when she died—Franco finds herself in a much more prominent position than her sister might have imagined, with a real shot at advancing their dream of a fairer Brazil. Franco took office in January as Minister for Racial Equality after leftist Luiz Inácio Lula da Silva defeated Bolsonaro in October elections. Her task is to make sure Lula's government delivers on his promise of equality for Black and Indigenous Brazilians.

The stakes are high. Police killings hit record levels during Bolsonaro's presidency as





## Angela Bassett

### INSIGHTFUL ACTOR

BY MAHITA GAJANAN

Angela Bassett, fresh out of grad school in the '80s, intended to be a star. When she got an agent—a big deal for any actor early in their career—the man she was dating at the time tried to tell her it was thanks to his influence and largesse rather than her own abilities. “I refused to buy into what was underneath that,” Bassett, 64, says. “If anyone tried to make me believe that it was because of them and not my own talent, effort, perseverance, I wasn’t going to accept that.”

The relationship ended, and Bassett flourished. Onscreen and onstage, her range is dizzying. As Tina Turner in the 1993 film *What’s Love Got to Do With It*, sinking herself into the story of “a Southern girl who conquered the world of music,” Bassett fully embodied the spirit of the Queen of Rock ‘n’ Roll—and earned her first Academy Award nomination for Best Actress. Almost 30 years later, following turns in films like *Waiting to Exhale*,

*Notorious*, and *Akeelah and the Bee*, Bassett is making Oscars history after playing another kind of royal, the Queen Mother of Wakanda in *Black Panther: Wakanda Forever*, snagging Marvel’s first acting nomination. “It has been really exciting. And very, very hectic,” Bassett says of awards season. “I’m just using it as an exercise to remain chill in the middle of a whirlwind.”

As Queen Ramonda in *Black Panther*, Bassett portrays a mother grieving the loss of her son while trying to figure out how to lead her people. She says her experience playing characters that embody so many things at once has helped her realize it’s OK not to be everything to everyone all the time. “Women are called upon to be wives, sisters, friends, mothers, community leaders, activists, and we have it in our core ~~to be these things~~,” she says. “~~But it’s important to give to yourself first~~, and then you have more to share with the world.”

MICHAEL ROWE—GETTY IMAGES





# OLENA *Shevchenko*

MOVEMENT BUILDER

BY DAYANA SARKISOVA

ON AN APRIL 2022 AFTERNOON, NEARLY two months into the war in Ukraine, Olena Shevchenko's altruism was met with brutality. As she unloaded supplies from Poland to be distributed around a war-torn Kyiv, a man caught her off guard. Attacking her with pepper spray, he screamed, "Pervert, get out of our city!"

Shevchenko, 40, is no stranger to this kind of hostility. Since she co-founded the Kyiv-based nonprofit Insight in 2017 to support women and LGBTQI communities, she's become one of the most recognizable advocates in Ukraine, and has been attacked seven times in the past five years. Before the war, her initiatives were often met with resistance; nowadays, she finds getting people to understand her mission is even more complicated.

"Why are you talking just about women? Why not men? Why not everybody?" she says, outlining the arguments she regularly encounters. The reality, she says, is that these communities are especially vulnerable during the war: LGBTQI people face fierce discrimination from fellow Ukrainians; most humanitarian aid doesn't account for those with disabilities; and "the level of sexual violence during the war—you can't imagine."

Shevchenko and her colleagues have pivoted their efforts to fundraising—acquiring everything from first-aid kits to hormones for transgender people. She estimates that in 2022, they collected more than \$400,000 from various donors and campaigns.

Shevchenko says that conservative groups in Ukraine often accuse LGBTQI people of fleeing, claiming "they are not protecting the country, they are not helping here in Ukraine." Her goal is therefore to show that these communities are very active "on different front lines. Not just military ones, but in other spheres."

The gender stereotypes she's worked tirelessly to combat over the years have also taken on another dimension during the conflict. Women have assumed a variety of roles in war efforts outside the home, including volunteer work and military service. "It's a daily fight," she says. "You need to remind people that women are not people who just need to give birth to new soldiers and take care of our heroes."

PHOTOGRAPH BY DINA LITOVSKY FOR TIME



# QUINTA *Brunson*

A+ TALENT

BY LAURA ZORNOSA

QUINTA BRUNSON DOES WHAT SHE DOES—currently, creating, executive-producing, co-writing, and starring in the comedy series *Abbott Elementary*—for everyday people, taking inspiration for the characters from teachers in her own life. The showrunner’s mother, Norma Jean Brunson, was a teacher for 40 years in the Philadelphia school district where *Abbott* is set. And the woman who gave the fictional school its name, Joyce Abbott, was Brunson’s sixth-grade teacher, who recently retired after 25 years.

The mockumentary’s satirical yet loving portrayal of teachers, janitors, principals, and parents trying to make ends meet at an underfunded public school is a homage to their real counterparts everywhere. Reflecting the diversity of West Philadelphia, the sitcom’s teachers include a queer man; an Italian divorcée; and Brunson’s buoyant yet bumbling Janine Teagues, who just wants her second-graders to have a fair shot. “All people have the ability to be both powerful and fragile,” Brunson says. “Showing that helps to create more equality.”

*Abbott Elementary* has been a smash hit, drawing praise from critics and viewers alike. The show, recently renewed for a third season, picked up seven comedy-series Emmy nominations and three wins this year: Best Writing, Best Casting, and Best Supporting Actress (for Sheryl Lee Ralph in her role as Janine’s wise mentor Barbara Howard).

Brunson, 33, attributes much of the show’s success, and the development of its characters, to her writers’ room, which is **staffed** primarily by women. “We hear each other out on what we think makes these characters layered,” she says. “Everyone’s open to taking the lead and taking charge on these stories.”

As a rising leader in Hollywood, she hopes she’s setting an example for Black children everywhere, showing them that they can achieve their goals, no matter where they come from. And for fans of the show, she wants to underscore the value of school communities. “Through Janine and the rest of the characters, I hope to be able to help people love themselves a little bit more,” she says. “And give themselves grace and appreciate the hardworking people in their lives.”

BRUNSON SOURCE PHOTO: GETTY IMAGES; ALI: DAN BELEIU

PHOTOGRAPH BY MICHAEL ROWE



## *Ramla Ali*

FIGHTING FOR REFUGEES

BY SEAN GREGORY

Going into a Feb. 4 junior featherweight bout in New York City, Ramla Ali, the professional boxer, fashion model, and philanthropist who represented Somalia at the Tokyo Olympics, felt less than her best. She had been coughing all week. Her warm-up left her fatigued. After Round 2, she returned to her corner—and felt pain in her chest. She tried to stay positive. “But inside,” Ali says, “I was dying.”

Ali, 33, won the 10-round battle against Australia’s Avril Mathie in a unanimous decision that kept her undefeated as a pro. After the fight, she was diagnosed with a viral respiratory infection and a partially collapsed lung caused by pneumonia. Such a performance in the face of adversity **bodes well** for her chances to ascend the fight ranks. “My next aim is to become a world champion,” says Ali. “And I’ll stop at nothing to achieve it.”

A title would help raise Ali’s profile, and call more attention

to her work outside the ring. In 2018, she started Sisters Club, a nonprofit that offers boxing lessons to women who don’t usually enjoy access to the sport: those from ethnic or religious minority backgrounds, as well as survivors of domestic abuse. Sisters Club has expanded to four locations in London, opened a branch in Los Angeles, and will soon add another one in Fort Worth.

Ali is also a UNICEF U.K. ambassador. When she was a toddler, her family fled Somalia and was granted asylum in Britain. Before the pandemic, she visited the Za’atari refugee camp in Jordan, and she plans to make similar trips this year, hoping to **destigmatize** what it means to be a refugee. “Just the other day I saw somebody put on their Instagram, ‘I’ve been eating like a war refugee all weekend,’” Ali says. “It’s quite offensive. It’s important for me to show that refugees are human beings as well.”



# PHOEBE *Bridgers*

SINGING  
TRUTH

BY ANNABEL  
GUTTERMAN

SHE COULD SEE THEM FROM HER PERCH onstage: a kid and their parents, getting up to leave. It happened at a concert in Florida last year—one of many where Phoebe Bridgers took a moment between songs to share her opinion that abortion is health care. Five years since she launched her career, Bridgers, 28, has a dedicated base of fans who she thinks of as being like-minded; sometimes, speaking out on the issues that matter to her can feel like adding more noise to an echo chamber. But then there are moments like this, when she watches a young person walk away from her, led by adults who probably don't like her music any more than they like her message. And that's when she recognizes that her voice has power. "I hope it makes a difference," says the singer-songwriter. "I hope those parents are going to lose the battle with that kid's opinions and belief systems."

Bridgers believes that if you care about something, it's your responsibility to defend it. The day after the draft decision in *Dobbs v. Jackson Women's Health Organization* was leaked, Bridgers posted on Twitter that she'd had an abortion in October 2021 and included a link to a list of funds accepting donations. When *Roe v. Wade* was officially overturned the next month, she led a crowd of thousands at the Glastonbury Festival in a chant of "F-ck the Supreme Court." This directness was nothing new for Bridgers, who

has used her platform to speak out against politicians she disagrees with, call for police abolition, and show support for trans rights. The day of the 2020 presidential election, she tweeted a promise to cover "Iris" by the Goo Goo Dolls if Donald Trump lost. After Joe Biden's win was confirmed, she dropped the track, which she recorded with Maggie Rogers, and directed all proceeds toward Stacey Abrams' voting-rights organization.

Since then, Bridgers has catapulted to indie-rock stardom. In 2021, she was nominated for four Grammys, including Best New Artist. That year, she kicked off the world tour for her 2020 album *Punisher*. She's also been leading her record label, Saddest Factory Records, boosting the careers of artists like MUNA and Claud. At the end of March, she'll release a new album, *The Record*, with boygenius, the supergroup formed by Bridgers, Julien Baker, and Lucy Dacus. And in May, she'll join Taylor Swift for 12 stops on the stadium tour that broke Ticketmaster. "I try not to think about it that hard or I'll freak out," she says.

**BRIDGERS' ALBUMS PROVIDE** a cathartic soundtrack to those coming of age in a world that so often feels like it's falling apart. Through haunting songs that range from mellow to explosive, she nails the strange and specific sadness that accompanies living in an overwhelming time—and the toll that takes on a person's mental health.

While her songs speak to universal feelings about love, loss, and growing up, they are also deeply personal. She has described her breakthrough single "Motion Sickness" off her debut album *Stranger in the Alps* as being about her relationship with former partner and collaborator Ryan Adams, with the gutting opening lines, "I hate you for what you did/ And I miss you like a little kid." In 2019, she told the *New York Times* that Adams was "obsessive and emotionally abusive." (Adams told the *Times* it was a "brief, consensual fling.")

That relationship had a formative impact on her art, and speaks to her ability to take the challenges of life and hold them up to the light. "Strangely, well, not strangely—life is complex—Ryan Adams sent me a really long email once about how I needed to write the truth, because it's the only thing that's interesting about me," Bridgers says. The advice was mind-blowing to her at the time and, she says, changed her life. Her creative process involves mining the secrets she keeps from even herself, to powerful effect. "The more honest I am," she says, "the world just keeps opening up for me."







# Time Off



## IN THE SHALLOW

BY JUDY BERMAN

Amazon's *Daisy Jones & the Six* adaptation is the latest rock-'n'-roll saga to paint a superficial portrait of musical genius

INSIDE

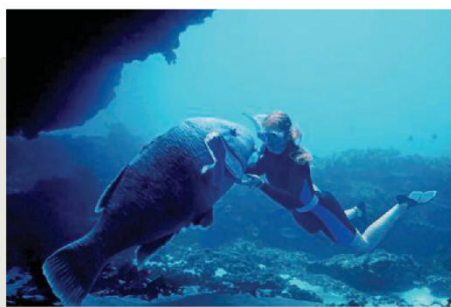
A NEW CHAPTER IN THE  
ROCKY FRANCHISE

IDRIS ELBA TAKES ANOTHER  
RUN AT LUTHER

YOUR PRE-OSCARS  
WATCH LIST

PHOTOGRAPH BY LACEY TERRELL





Fogg and friend:  
fins for life

#### REVIEW

### FISHING FOR MEANING

We live in such rushed and anxious times that most of us probably spend more energy worrying about the imperiled environment than we do savoring its beauty. *Blueback*, adapted by director Robert Connolly from a novel by Tim Winton, is a gentle, gorgeously filmed story about a fraught relationship between a mother and daughter, and the cause that unites them. The setting, alluring by itself, is the Western Australian coast, its waters teeming with lustrous striped fish and undulating plant life.

Abby (Mia Wasikowska) is a marine biologist who's called home to that coast when her mother Dora suffers a serious stroke. The story of how Abby found her life's calling unfolds in flashback, focusing largely on her teenage years (where she's played by newcomer Ilsa Fogg). During that period, Dora (a feisty Radha Mitchell) is focused dually on preserving endangered coastal waters and instilling in her daughter a love of the natural world.

The living, swimming metaphor for that world is a wild blue groper, a mighty, long-lived fish with oversized cartoon lips and a plaintive expression, discovered by Dora and Abby when the latter is still a child, just learning to dive into the waters near her home. Abby christens this noble creature Blueback, and her connection with him through the years anchors a story that's as gently compelling as the allure of sun-warmed water—but also as urgent as a ticking clock. —S.Z.

#### REVIEW

### A tortured detective, a devious villain, and a coat to die for

IT'S HARD TO LOVE A MAN WHO'S so obsessed with his work he can't leave it at the office. But it helps if he's played by Idris Elba. In *Luther: The Fallen Sun*, a movie stand-alone adapted from the TV series, Elba's London detective John Luther hops on a case that might spell the end for him, given his history of getting a bit too cozy with the criminals he's investigating (though you don't need to have seen the show to get the gist).

A twisted mastermind (played by Andy Serkis in a truly terrifying wig that swerves around his pate like a curled-up forest animal) is close to finalizing a horrific plan that involves cyberblackmail, kidnapping and teenagers locked in dank cages—you know, the usual grim TV-detective folderol. But Luther is sniffing a little too close to this pungent scheme. A quick phone call to the right people and the perpetually self-tortured and not 100% moral Luther is unceremoniously whisked behind bars, which

seems to suit plenty of his colleagues just fine, including Cynthia Erivo's Odette Raine, who rises in the ranks with his removal. Will Luther bust out in time to stop the sicko villain and stand boldly atop a tall building, his supple but manly tweed coat swirling around him in the wind?

Sometimes *The Fallen Sun*—directed by Jamie Payne and written by the show's creator, Neil Cross—is genuinely creepy in its brooding vision of all the ways an evil genius might manipulate our preoccupation with staring at screens. Other times, it's just eyeroll-inducing. You could build a drinking game around the number of times one imperiled teen calls out “Mooommm!” even as her poor mother is doing her damndest to save her. But the mere presence of Elba's Luther, with his haunted gaze, his voice as plush as the finest antique Persian carpet, is enough to keep *The Fallen Sun* from sinking. On him, troubled in tweed is a good look. —S.Z.



Elba in action: tonight there's gonna be a jailbreak



## Great Oscar nominees to watch now

Eight worthy films and performances to check out before the awards ceremony on March 12

BY STEPHANIE ZACHAREK

### INTERNATIONAL FEATURE

## The Quiet Girl

Set in 1980s rural Ireland, Colm Bairéad's understated drama about a withdrawn young girl (Catherine Clinch) who blossoms when she's sent off to spend a summer with kindly relatives is one of this year's gently glittering gems.



### ANIMATED FEATURE

## Marcel the Shell With Shoes On

Dean Fleischer-Camp uses the story of a lonely mollusk named Marcel (voiced by Jenny Slate) to fashion a gentle meditation on the importance of community and the ways in which loss can sometimes open a door to unexpected joy.

### DOCUMENTARY FEATURE

## All the Beauty and the Bloodshed

Laura Poitras' extraordinary documentary follows artist and activist Nan Goldin in her tireless—and ultimately successful—fight to bring down the Sackler family, long-time patrons of the arts whose fortunes were amassed largely from highly addictive opioids.



### SUPPORTING ACTOR

## Brian Tyree Henry

In Lila Neugebauer's *Causeway*, Henry plays an auto mechanic who befriends a recovering veteran (Jennifer Lawrence) even as he struggles with his own repressed trauma. This is an incandescent performance, muscular and delicate at once.

### SUPPORTING ACTRESS

## Hong Chau

Terrific performances can make a not-so-great movie more than worthwhile. Hong Chau's superb turn in Darren Aronofsky's well-intentioned but drab drama *The Whale* is a case in point: she brings spiky empathy to her role as a frustrated caregiver doing her best to save the life of Brendan Fraser's reclusive, morbidly obese English professor.



### COSTUME DESIGN

## Mrs. Harris Goes to Paris

This jubilant story of a cleaning lady in 1950s London (Lesley Manville) who falls in love with, and saves up to buy, a Dior original is pure pleasure. The dreamy—and historically accurate—costumes by Jenny Beavan are the crowning touch.



### ACTOR

## Paul Mescal

In Scottish director Charlotte Wells' quietly stunning debut feature *Aftersun*, Mescal gives a performance of shattering beauty as a young father trying to corral his own demons during a holiday getaway with his preteen daughter (Frankie Corio).

### INTERNATIONAL FEATURE

## EO

At 84, Polish filmmaker Jerzy Skolimowski has become something of an overnight sensation with *EO*, a tender but unsparing parable about the cruelty and kindness of humans as seen through the eyes of a onetime circus donkey.



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Day 8

The Guardian

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"Every morning at 11 a.m. or so, a 'window man' shows up and scares the heck out of me. (It's actually my neighbor's chimney)."

 Crystal Ro



## LGBTQ People Shared Their "Baby Gay" Pictures With Us, And If These Pictures Don't Make Your Day, Nothing Will

Because the signs were everywhere.

 Matt Stopera



## 50 Pictures Of Things Xennials And Gen X'ers Haven't Thought About In 30 Years, But That Will Immediately Transport Them Back To Their Elementary School Days On Sight

Put on your Reebok Club Cs, pack a snack into your favorite cartoon lunchbox, and get ready for a trip back down memory lane.



## Build A Cafeteria Lunch Tray And We'll Reveal Which Clique You Belong In

It turns out what they said was true. You are what you eat!

The telltale sign shape one's outlook  
outrageously hilarious

Where do you stand on XX

A legion of letters

Ammu-f foddor

shiftless  
scandalize

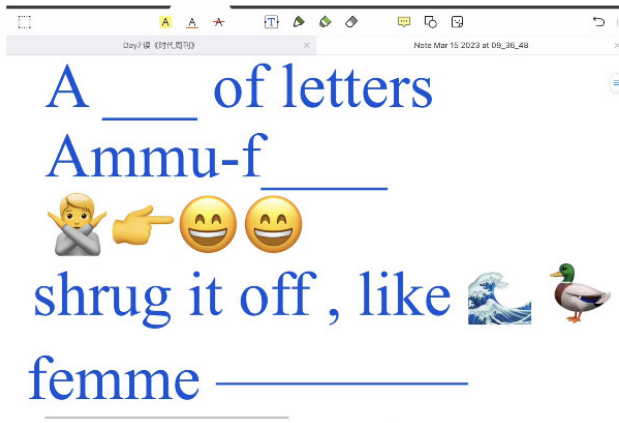
shrug it off, like

femme \_\_\_\_\_



张海露 Eric 🎺

能立刻填上这些空，看到 emoji 立刻想到那个词那个说法，说明我们这  
个月又多了一些共同回忆 🦆



Details



Zoey

16:59

有印象但说不准确 需要再相遇几次



张海露 Eric 🎺

20 mins ago

@ Zoey: hh有空晚上来上课



十三月

9 mins ago

1. a legion of letters
2. fodder
3. (i couldn't ring a bell 🦆)
4. shrug it off, like water off a duck's back
5. femme fatale



eye

6 mins ago

a legion of letters/brouhaha/shrug it off, like water off  
a duck's back 😄



张海露 Eric 🎺

4 mins ago

@ eye: Bravo!



张海露 Eric 🎺

3 mins ago

@ 十三月: To crack No.3, you have to get into my  
head and stretch your imagination 😄 😄



张海露 Eric 🎺

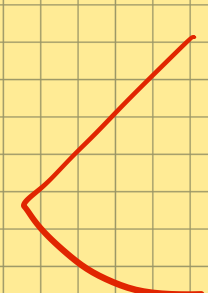
2 mins ago

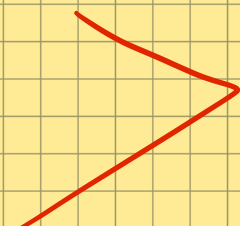
@ eye: you missed No.2 though, the one hot on  
Ammu's heels.

Comment





Sweep  Smitten →  
**clean**  
~~sweep~~

 **eyeroll**  
inducing  
worthy  
**cringe**

single → **solo**  
→

stigma 

→ XX was met with

→ XX was behind

→ XX is no stranger to

(AFP/Getty Images)





Today's briefing



Playing

## 1 The collapse of Silicon Valley Bank is under investigation.

- **What happened?** The bank failed Friday, marking the [second-largest collapse](#) in U.S. history. It sparked [a 72-hour scramble](#) to keep the country from entering a financial meltdown.
- **The latest:** The Justice Department and the SEC [opened investigations](#) into the collapse, and shares in regional banks [rebounded yesterday](#), easing fears of a wider crisis.

## 2 A Russian jet struck a U.S. drone in international airspace yesterday.

- **What happened?** The [surveillance drone](#) was flying over the Black Sea. Two Russian warplanes dumped fuel on it, and one collided with the drone's propeller, [forcing it down](#), military officials said.
- **Why this matters:** There have been concerns about conflict between the two nuclear powers since Russia invaded Ukraine. An incident like this could escalate the situation.

⚙️ GPT-4 launch; and more  
6 min



---

What grind away means? ^

: **to work or study in a steady, determined way.** She was grinding away at her studies. : to remove (a part of something) by rubbing something rough against it. He uses a special tool to grind away the stone.



merriam-webster.com

<https://www.merriam-webster.com> › dictionary › grin... ▼

**Grind** away Definition & Meaning - Merriam-Webster



9 Reaper drone over waters west of Crimea

**Analysis** An escalation of confrontation near war zone



switch of official ties from Taiwan to China



## Cyclone Freddy

Death toll passes 200 as rescue workers warn more victims will be found

People in Malawi and Mozambique picking up the pieces after fierce storm swept through at the weekend



## Donald Trump

The Queen, Diana and Oprah Winfrey 'kissed my ass' in letters, ex-president claims

## Silicon Valley Bank

Inquiries launched into bank's collapse and UK arm

## Coronavirus

China to reopen to foreign tourists for first time since crisis

## Poland

Court convicts activist for helping woman get abortion pills

## AI

OpenAI says new model GPT-4 is more creative and less likely to invent facts

## Exclusive

BBC came under No 10 pressure to avoid using 'lockdown' in early pandemic, leak shows

## Eva Green

Actor discussed rash excuse to avoid making film, court told

## Retrieve her!

Police speak to Rishi Sunak's family over off-lead dog

## Medical research

# Caffeine may reduce body fat and risk of type 2 diabetes, study suggests

**Findings could lead to use of calorie-free caffeinated drinks to cut obesity and type 2 diabetes – but more research needed**



📷 The researchers emphasised that while caffeine increased fat burning, it was not a treatment for obesity. Photograph: Gareth Fuller/PA

---

**Rachel Hall**

🐦 @rachela\_hall

Tue 14 Mar 2023 22.30 GMT



Having high levels of caffeine in your blood may lower the amount of body fat you carry and reduce the risk of type 2 diabetes, research suggests.

The findings could lead to calorie-free caffeinated drinks being used to reduce obesity and type 2 diabetes, though further research is required, the researchers wrote in the BMJ Medicine journal.

Dr Katarina Kos, a senior lecturer in diabetes and obesity at the University of Exeter, said the research showed potential health benefits for people with high levels of caffeine their blood, but added: “It does not study or recommend drinking more coffee, which was not the purpose of this research.”

She said any caffeinated drinks containing sugar and fat would offset the positive effects.

---



## — 英汉大词典（第2版）

---

vi. | vt. | n. | a. |

**offset** *off·set* /'ɒfset, 'ɔː-/

/,ɒf'set, ɔː-/ (offset; offset·ting)

**vt.**

### 1. 补偿;抵消

• Henry has to offset his small salary by living economically.  
亨利只好用勤俭持家的办法来弥补他菲薄的薪水。

• The gains offset the losses.  
得失相当。

## — 英汉大词典（第2版）

---

**cancel out**

### 1. 抵消;相互抵消,相互抵消力量

• The two things are so opposed that they just cancel each other out.  
两者如此截然相反,以致起了相互抵消的作用。

• The awful effort involved in travel canceled out the possible pleasure she'd have.

她为旅行所费的许多心力抵消了她可能得到的愉快。

• The pros and cons cancel out.  
正反双方理由相当。



yin yang "cancel out"



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## THE DUALITY OF LIFE: YIN YANG EXPLAINED | Paint Saavy

Sep 15, 2564 BE — They do not **cancel out** each other, they merely balance each other like the dual wings of a bird. Life is too ironic to understand by looking ...



Opinion Happiness indices

# The biggest lie the rich ever told? That money can't buy you happiness

Arwa Mahdawi



New studies confirm that having more money can improve our wellbeing. So much for the story powerful people have always tried to push

Tue 14 Mar 2023 14.40 GMT



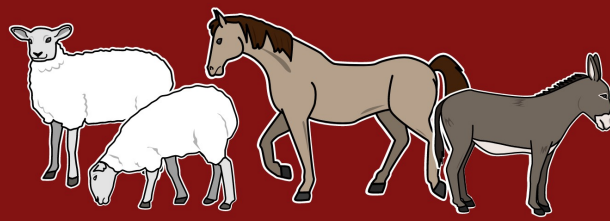
48



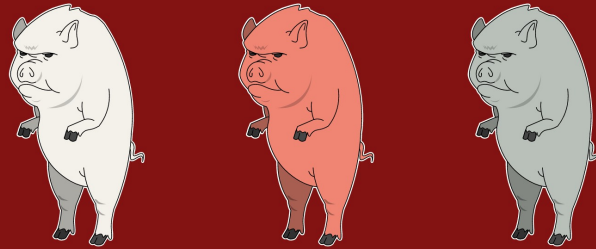
Photograph: malamus-UK/Getty

**N**ews just in: money does buy you happiness. Duh, you might say. Anyone could have told you that; it's hardly a Nobel-prize winning insight. Well, actually, it kinda is: in 2010, Daniel Kahneman, a Nobel prize-winning economist and psychologist, came out with the theory that there was a monetary "happiness plateau". Once you hit an annual household income of \$75,000 (£62,000), earning more money didn't make you any happier. In 2021, the happiness researcher Matthew Killingsworth released a dissenting study, showing that happiness increased with income and there wasn't evidence of a plateau. Now the pair have teamed up in a process known as "adversarial collaboration" and released a new study finding that they were both sort of right, but Killingsworth was more right: for most people, earning more money makes you happier.

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ALL ANIMALS ARE EQUAL  
BUT SOME ANIMALS ARE  
MORE EQUAL THAN OTHERS



There is some nuance to this. If you are extremely unhappy, happiness apparently increases with household income up to \$100,000 (£82,000), then it “**abruptly**” **levels off**: there are some problems money can’t fix. For people who are in the “middle range of emotional wellbeing”, happiness increases **linearly** with income. And for very happy people, happiness accelerates above \$100,000. The study didn’t look at incomes **above \$500,000**, so we don’t have any insight into whether joyriding around space is making Jeff Bezos feel truly fulfilled. Or whether Rishi Sunak’s **newly heated swimming pool** is warming the cockles of his heart.

Anyway, no offence to these very smart researchers, but this feels like one of those studies that you can file under “pretty goddamn obvious”. You don’t need sports cars and private jets to be happy, but you do need shelter and stability - and those things cost a fortune these days. Housing affordability in the US is at **a record low** and the average American household needs to spend 42.9% of its income to afford a median-priced house, according to new data. It’s the same story in the UK: houses are at their least affordable **since 1876**. Sometimes I think about moving back to London from Philadelphia (which is still relatively affordable) and then, after five minutes on a property site, I abandon the idea **in disgust**.

And then there’s retirement. Stressing about whether you’re going to have to survive on cat food in your old age **is generally not conducive to happiness**. In the US, most companies **don’t offer proper pensions any more**. In the mid-1980s, about half of private sector workers had a defined-benefit pension plan; in 2022 only 15% of people in the private sector had access to them. Now you’re just expected to diligently put money in the stock market and see what you’re left with when you retire. Which, judging by recent events, might be nothing.





Don't get me started on the cost of childcare. Kids are little bundles of germmy joy, but my God are they expensive. A 2019 study found that, in many industrialised societies, there is "a decline in individuals' subjective wellbeing - either happiness or life satisfaction - once parenthood begins" - something researchers have called the "parenting happiness gap". Americans have the largest parenthood happiness gap. That's largely down to the cost of childcare and the lack of paid holiday and sick days people can take. Earn enough money, of course, and you can paper over these structural cracks with hired help.

Unless you're a yacht-dwelling billionaire with an army of nannies, none of this is really news. Most people are well aware that there's a cost of living crisis, that prices of everyday essentials are out of control and that not having to stress about how to pay bills is good for your mental health. Still, while this study's conclusions may seem obvious, I think it serves as an important corrective to a narrative that a lot of people in power have been trying to push. It's funny how a lot of obscenely rich people are fixated on trying to tell everyone else that money doesn't make you happy. See, for example, the CEO of Google recently telling all his employees that "having fun ... shouldn't always equate to money" after cutting staff benefits. It is very convenient to pretend that money isn't important when you're busy trying to hoard a lot of it yourself.

● Arwa Mahdawi is a Guardian columnist

# The dream job: why it could be as elusive as your soulmate

Fewer than a third of us think we are in our dream job - and for a growing number, the idea that it even exists is fading fast



📷 Road to nowhere? ... almost half of us think our 'dream job' doesn't exist. Photograph: exdez/Getty

Tue 14 Mar 2023 14.49 GMT



302

**Name:** The dream job.

**Age:** It's been out there ever since hunter-gatherers started grunting about getting into the slash-and-burn agriculture game.

**Appearance:** Elusive, to say the least.

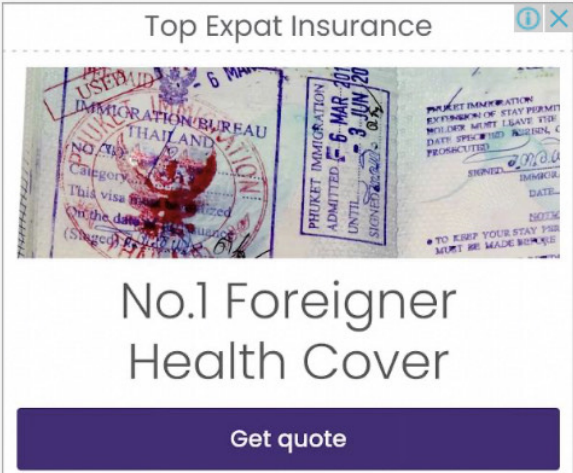


**What is the dream job?** That depends on your ambitions and interests, but polls show that for most workers it would include flexible hours, new challenges every day, not being stuck behind a desk, an opportunity for foreign travel and the freedom to bring your pet to work.

**So ... lion tamer.** Yes, although some people don't like wearing a uniform.

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**What else then?** Globally, the jobs **most frequently used** to complete the search term “how to be a ... ” are pilot, writer, dancer and YouTuber.

**And how do you go about securing one of these optimal situations?** By and large, you don't.

**Why not?** Because the dream job doesn't really exist.

**Who says?** Survey respondents. According to new research, 46% of working adults said they believe there is no such thing as their dream job.

**Not even a majority then.** No, but 71% admitted they're not in their dream job right now, and 54% don't believe they ever will be.

**That's kind of depressing.** Furthermore, 41% confessed that their ideal job was probably an unrealistic goal.

**Who commissioned this thoroughly disheartening research?** Accor, a French multinational hospitality company.

**Hospitality? Doesn't that make it an international provider of nightmare jobs?** Not necessarily. Some people enjoy working in the hospitality industry.

**No they don't.** Sixty per cent of those polled who worked in hospitality said they were satisfied.

**Pretending to like it is part of the job.** And one of the top 10 dream job requirements cited by those surveyed was “the opportunity to make people happy”. Isn't that what hospitality is all about?

**No, it's about making cocktails for people who are already drunk.** May I ask what it is that you do for a living?

**I perform reconstructive surgery on men wishing to reverse their vasectomies.** And do you find that rewarding?

**Yes, it's making a *vas deferens*.** I see what you've done there, unfortunately.

**But my dream job is to write jokes for slightly saucy Christmas crackers.** I'm afraid we don't have anything like that available at the moment.

**Will you keep my CV on file?** No.

**Do say:** "Be careful what you wish for." Unless it's another mojito - I can get that for you right away."

**Don't say:** "I fell asleep again! Who knew flying a plane could be so boring?"

---



↑ Asia Dow  
3257.73 1.21%

↑ Nikkei  
27298.01 0.28%

↑ Hang Seng  
19671.14 2.20%

↑ Shanghai  
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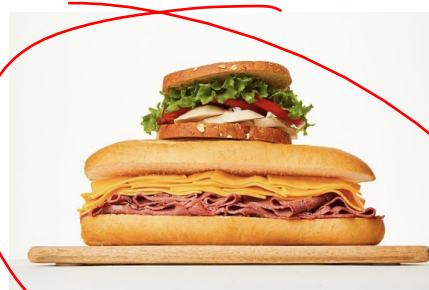
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HEALTH & WELLNESS

## The American Diet Has a Sandwich Problem

Americans' favorite lunch is a 'heart bomb' of salt, preservatives and sugar. But doctors say there's a way to build a healthier sandwich—here's how.

The surprise villain of U.S. diets: sandwiches.

By [Andrea Petersen](#) [Follow](#) | Photographs by F. Martin Ramin/The Wall Street Journal; Food Styling by Mieko Takahashi

March 14, 2023 at 10:00 am ET



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The humble sandwich is the **saboteur** of the American diet.

Most Americans [consume too much sodium, sugar and saturated fat](#), according to government survey data. Sandwiches—which almost half of Americans eat on any given day—are a primary culprit. Nutritionists, doctors and public-health officials are trying to nudge people to make their sandwiches healthier, believing that even simple changes can improve health.

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## 付费墙 (Paywall)



付费墙是一种通过购买或付费订阅来限制对内容的访问的方法。自2010年代中期，开始有报纸在其网站上实施付费墙，以此作为增加收入的一种方式，因为付费印刷读者和广告收入多年来一直在下降。在学术界，阅读研究论文通常要收费，并且要通过订阅的学术图书馆获得。其他报纸，主要如《纽约时报》，则在各种付费墙的实施和撤消之间摇摆不定。 [维基百科](#)

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5. Press < Back, go to the Cookies section, and turn everything on.
6. Press < Back again. Go to Autoclicker and turn the first and third options on.
7. Press < Back again. Go to Dark Mode if you're not running any other dark mode extension, and turn that on.
8. Press < Back again. Go to Custom Scripts and turn the first and third options on, and in Local→Add script from URL, enter: <https://gitlab.com/magnolia1234/bypass-paywalls-clean-filters/-/raw/main/userscript/bpc.en.user.js>
9. Open Safari. Browse to <https://washingtonpost.com/> (which paywalls nearly everything, because Jeff Bezos, who owns it, desperately needs your money). In the address bar, press the jigsaw puzzle icon, and then the Hyperweb icon. Make sure that you've given it permission to access every website.

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### How to (Really) Bypass Paywalls in Safari on iOS in 2023

PSA

Hi, All.

I'd like to summarize my findings about how to bypass paywalls in a single post. There are five methods in iOS, and two more **fallback methods** if you use a desktop browser:

1. **Method 1:** Do this: <https://www.reddit.com/r/ios/comments/10fqm9g/comment/j50zy5k/>
2. **Method 2:** Method 1 will cover almost all sites, but may give you problems on [wsj.com](#) and it won't work at all on [ft.com](#). In that case, install the Unpaywall shortcut: <https://www.icloud.com/shortcuts/71648f5ad34f4d8f972718e5f3621ffe>. Then, browse to whichever article you're interested in, press the *Share* button, and select "Unpaywall."
3. **Method 3:** If Method 2 doesn't work on a particular website, use the *Avert Paywall With Archive.is* shortcut: <https://www.icloud.com/shortcuts/81c670b532e340e38a35cc62e3e9397d>.
4. **Method 4:** If Method 3 doesn't work on a particular website, use the *10ft.io* ...



6. **Method 6 (Last Resort):** If Method 5 doesn't work, your best alternative is to use the full-blown *Bypass Paywalls Clean* extension in a Chromium web browser or Firefox, running on a Mac or PC. For Chromium browsers, use: <https://gitlab.com/magnolia1234/bypass-paywalls-chrome-clean#installation>. For Firefox, use: <https://addons.mozilla.org/en-US/firefox/addon/bypass-paywalls-clean/>.
7. **Method 7 (Last Resort to the Last Resort):** Finally, if Method 6 fails in your desktop browser (which it will for the UK's most respected newspaper, <https://www.thetimes.co.uk>, and possibly a rare few other websites): Install the *Web Archives* extension (<https://chrome.google.com/webstore/detail/web-archives/hkligngkgcpcolhcngkgccglchdafcnao>) in Chrome or Edge, navigate to the page you want to see, press the extension's icon, and select [archive.is](https://archive.is). This is the desktop version of Method 3.



4rt3m0rl0v OP • 54d

Hi, there.

I'll try.

This is what I wrote for some friends:

1. Go to the App Store. Search for "Hyperweb," and install it.
2. Go to *Settings*→*Safari*→*Extensions* and enable all six of the Hyperweb extensions.
3. Scroll down a little, and in the *ALLOW THESE EXTENSIONS* section, turn Hyperweb on.
4. Go back to the Hyperweb app, acknowledge that you've performed the required steps, and then go into Blocker. If you're not running any ad blocking software, turn all options on. Scroll down to *Local*→*Add Filterlist* from URL and enter: <https://gitlab.com/magnolia1234/bypass-paywalls-clean-filters/-/raw/main/bpc-paywall-filter.txt>
5. Press < Back, go to the *Cookies* section, and turn everything on.
6. Press < Back again. Go to *Autoclicker* and turn the first and third options on.
7. Press < Back again. Go to *Dark Mode* if you're not running any other dark mode extension, and turn that on.
8. Press < Back again. Go to *Custom Scripts* and turn the first and third options on, and in *Local*→*Add script from URL*, enter: <https://gitlab.com/magnolia1234/bypass-paywalls-clean-filters/-/raw/main/userscript/>

Add a comment

Most Americans [consume too much sodium, sugar and saturated fat](#), according to government survey data. Sandwiches—which almost half of Americans eat on any given day—are a primary culprit. Nutritionists, doctors and public-health officials are trying to nudge people to make their sandwiches healthier, believing that even simple changes can improve health.

Sandwiches are the number one source of sodium and saturated fat in [Americans' diets](#), making up about one-fifth of our daily sodium intake and 19% of our daily saturated fat calories, according to an analysis of federal survey data. Sandwiches contribute 7% of daily added sugars, the same percentage as breakfast cereals and bars.

"The standard deli sandwich with processed meat and cheese, you're literally eating a heart bomb," says Dariush Mozaffarian, a cardiologist and professor of nutrition and medicine at Tufts University.

Excess sodium increases blood pressure, which raises the risk of heart disease and stroke. People also [eat an extra nearly 100 calories](#) on the days they eat sandwiches, according to federal survey data analyzed by University of Illinois at Urbana-Champaign researchers. Sandwiches are often high in calories compared with other meals.



## SHARE YOUR THOUGHTS

*What strategies do you use to build a healthier sandwich? Join the conversation below.*

Time-strapped Americans reach for sandwiches because they are tasty, portable, often ~~inexpensive~~ <sup>affordable</sup> and ubiquitous, dominating the menus of fast-food joints, corporate cafeterias and brown-bag school lunches.

"Americans eat so much of their meals not sitting down at a table. They are eating in their cars or at their desks, so sandwiches are easy," says Erica Kenney, assistant professor of public-health nutrition at the Harvard T.H. Chan School of Public Health.

You don't have to stop eating sandwiches, nutritionists say. But you can make them healthier, with more-nutritious breads and fillings.

Our sandwiches weren't always this bad for us. Sandwiches have grown less healthy in the past 40 years, Dr. Mozaffarian says. Culprits include highly processed grains in bread and the low-fat push that took off in the 1980s, which nutritionists now say led to the consumption of more deli meats marketed as low-fat.

Sandwiches' size—and their **calorie content**—have ballooned, too. A typical turkey sandwich in the 1980s contained about 320 calories, according to a report from the National Heart, Lung and Blood Institute. Twenty years later, a turkey sandwich contained about 820 calories.



Wednesday, March 15, 2023  
Today's Paper

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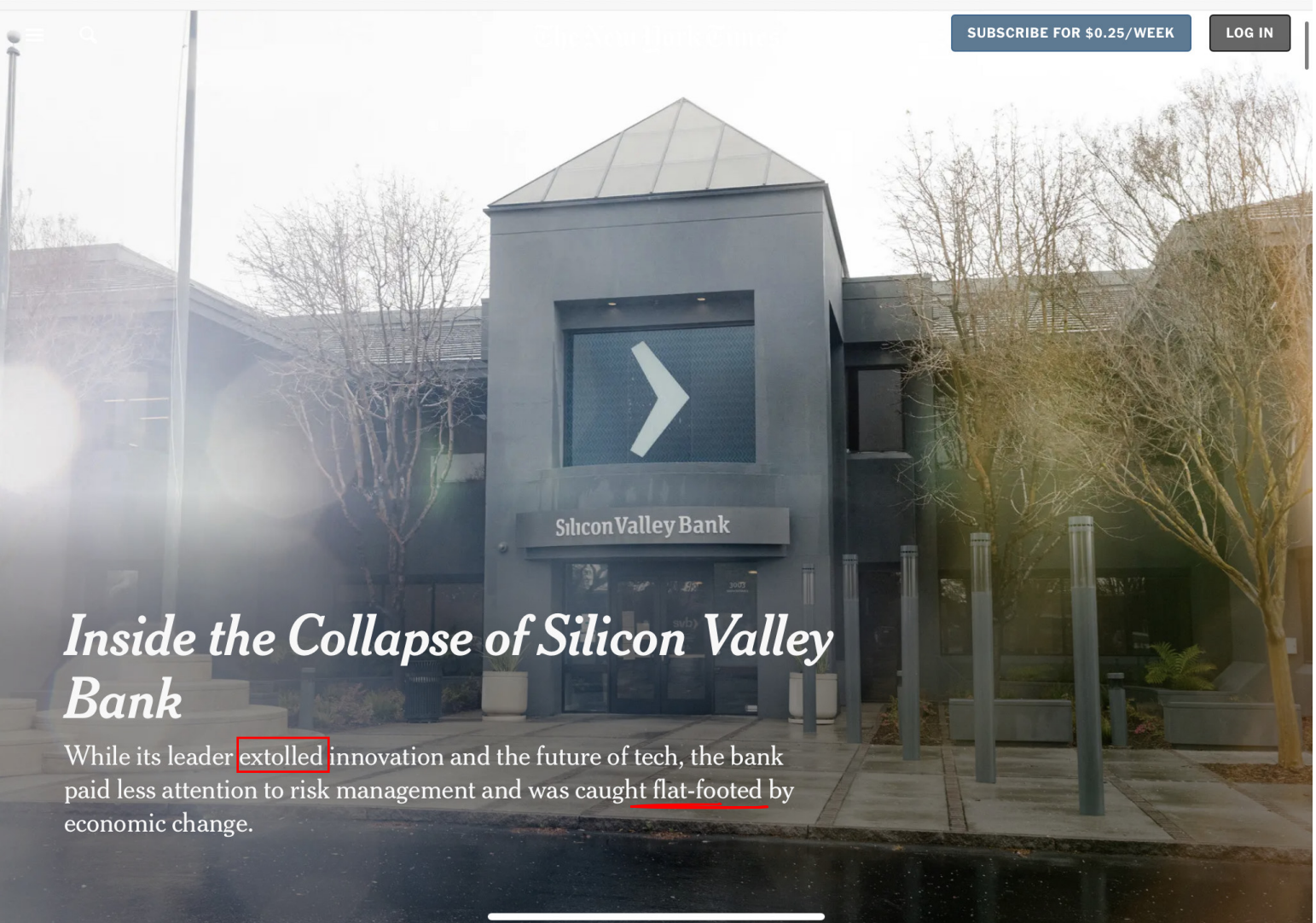
Jason Henry for The New York Times

Meet the man in charge of what remains of Silicon Valley Bank.

3 MIN READ

Bank runs, crypto concerns and takeovers: Here's a timeline of the panic.

nytimes.com



## Inside the Collapse of Silicon Valley Bank

While its leader **extolled** innovation and the future of tech, the bank paid less attention to risk management and was caught flat-footed by economic change.





By **Maureen Farrell**

Maureen Farrell is a finance reporter covering private equity and hedge funds. She is the author of a book on WeWork.

March 14, 2023

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Gregory Becker, ~~the chief executive of Silicon Valley Bank~~, ~~leaned~~ back in his chair at a technology conference last week in San Francisco's luxurious Palace Hotel, and delivered a bullish message.

In the confident, almost bombastic, style that was his signature, Mr. Becker told the audience of investors, Wall Street analysts and technology executives that Tuesday afternoon that the future of the tech industry was sparkling — and so was Silicon Valley Bank's place within it.

What he didn't say was that, roughly a week earlier, the rating agency Moody's had called to tell Mr. Becker that his bank's financial health was in jeopardy, and its bonds were in danger of being downgraded to junk. Realizing the bank needed to raise cash, Mr. Becker had been scrambling since then to fix things.

---

上周，在旧金山皇宫精选酒店举行的一次技术会议上，硅谷银行首席执行官格雷戈里·贝克尔靠在椅子上，发表了十分乐观的看法。

周二下午，贝克尔以他标志性的自信、几近浮夸的风格告诉投资者、华尔街分析师和技术企业高管，科技行业拥有闪耀的未来——硅谷银行在其中的地位也是如此。

但他没有说的是，大约一周前，评级机构穆迪打电话告诉贝克尔，他的银行的财务状况处于危险之中，其债券有被降级为垃圾级的危险。贝克尔意识到银行需要筹集现金，从那时起就一直在忙于解决问题。

那通电话促使硅谷银行内部在慌乱中紧急采取行动。就在贝克尔在会议上展示信心一天后，该银行宣布亏损18亿美元，并仓促制定了一项筹集22.5亿美元新资本的计划。这一消息令该银行的储户和投资者大为震惊，周四，其股价暴跌约60%，客户撤出了约400亿美元的资金。

到周五，硅谷银行倒闭了。



硅谷银行是一个雄心壮志和管理失误兼有的故事，其CEO过多地谈论创新和未来，以至于他和他的副手们没有足够重视管理风险和确保财务审慎的工作，这些工作十分枯燥但极其重要。当银行在瞬息万变的经济环境中措手不及，它直到最后一刻才试图扭转命运。

“这不一定是银行层面的贪婪，”摩西风险投资公司的投资者丹尼·摩西说。他因在小说和同名电影《大空头》中对2008年金融危机的预测而闻名。

硅谷银行是一个雄心壮志和管理失误兼有的故事，其CEO过多地谈论创新和未来，以至于他和他的副手们没有足够重视管理风险和确保财务审慎的工作，这些工作十分枯燥但极其重要。当银行在瞬息万变的经济环境中措手不及，它直到最后一刻才试图扭转命运。

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The tale of Silicon Valley Bank is one of ambition and management mistakes, of a chief executive who talked so much about innovation and the future that he and his lieutenants didn't pay enough attention to the mundane but enormously important work of managing risk and ensuring financial prudence. When the bank was caught flat-footed in a rapidly changing economic environment, it waited till the last minute to try to avert its fate.

“This isn't greed, necessarily, at the bank level,” said Danny Moses, an investor at Moses Ventures known for his role in predicting the 2008 financial crisis in the book and movie “The Big Short.”

“It's just bad risk management,” Mr. Moses added. “It was complete and utter bad risk management on the part of SVB.”

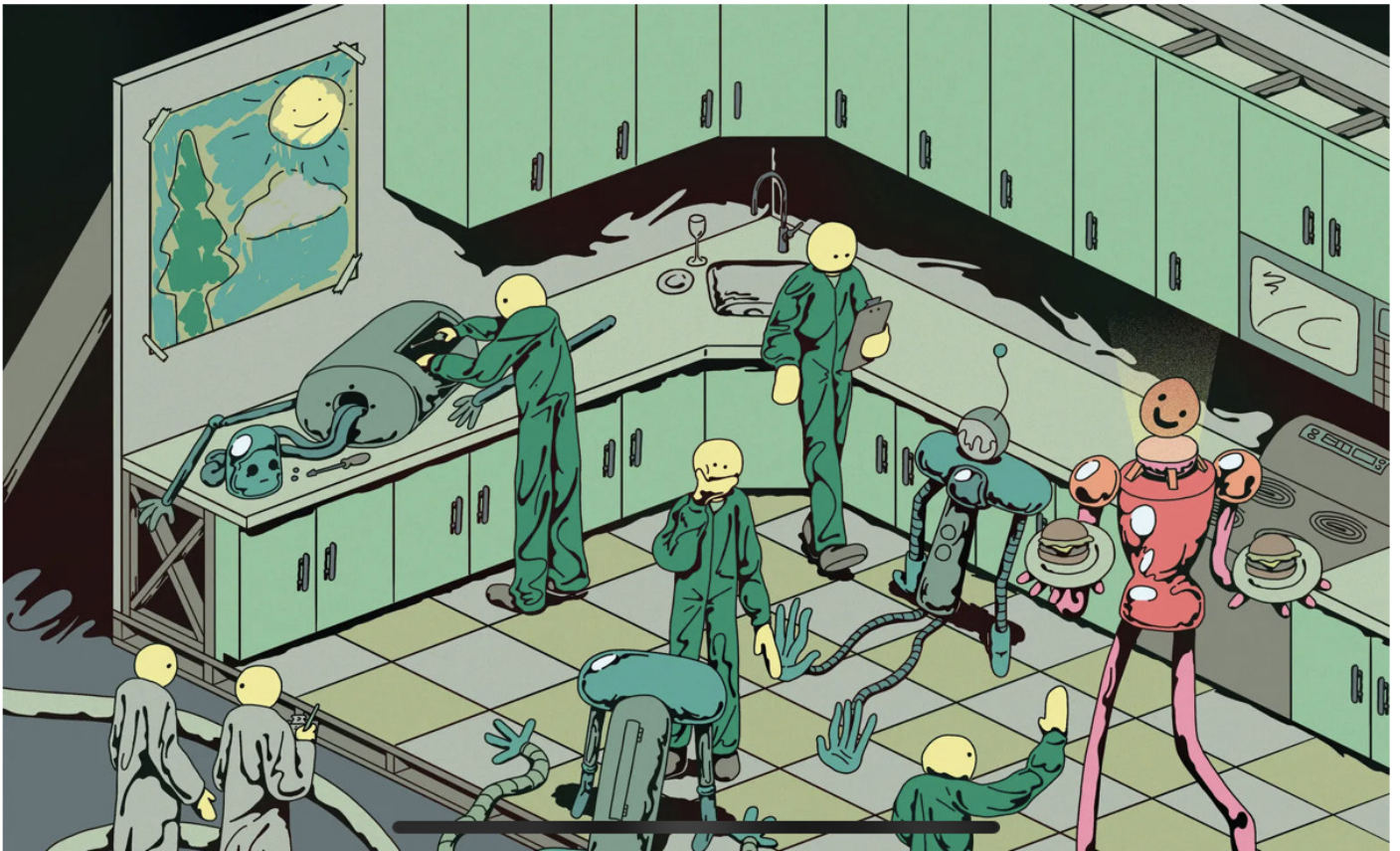


# How Siri, Alexa and Google Assistant Lost the A.I. Race

The virtual assistants had more than a decade to become indispensable. But they were hampered by clunky design and miscalculations, leaving room for chatbots to rise.



Give this article





On a rainy Tuesday in San Francisco, Apple executives took the stage in a crowded auditorium to unveil the [fifth-generation iPhone](#). The phone, which looked identical to the previous version, had a new feature that the audience was soon buzzing about: [Siri, a virtual assistant](#).

Scott Forstall, then Apple's head of software, pushed an iPhone button to summon Siri and prodded it with questions. At his request, Siri checked the time in Paris ("8:16 p.m.," Siri replied), defined the word "mitosis" ("Cell division in which the nucleus divides into nuclei containing the same number of chromosomes," it said) and pulled up a list of 14 highly rated Greek restaurants, five of them in Palo Alto, Calif.

"I've been in the A.I. field for a long time, and this still blows me away," Mr. Forstall said.

That was 12 years ago. Since then, people have been far from blown away by Siri and competing assistants that are powered by artificial intelligence, like Amazon's Alexa and Google Assistant. The technology has largely remained stagnant, and the talking assistants have become the butt of jokes, including in a 2018 "[Saturday Night Live](#)" sketch featuring a smart speaker for seniors.

✓ Vavina



The tech world is now gushing over a different kind of virtual assistant: chatbots. These A.I.-powered bots, such as [ChatGPT](#) and the new ChatGPT Plus from the San Francisco company OpenAI, can improvise answers to questions typed into a chat box with alacrity. People have used ChatGPT to handle complex tasks like coding software, drafting business proposals and writing fiction.

➤ And ChatGPT, which uses A.I. to guess what word comes next, is rapidly improving. A few months ago, it couldn't write a proper haiku; now it can do so with gusto. On Tuesday, OpenAI unveiled its [next-generation A.I. engine, GPT-4](#), which powers ChatGPT.

The excitement around chatbots illustrates how Siri, Alexa and other voice assistants — which once elicited similar enthusiasm — have squandered their lead in the A.I. race.

Over the past decade, the products hit roadblocks. Siri ran into technological hurdles, including clunky code that took weeks to update with basic features, said John Burkey, a former Apple engineer who worked on the assistant. Amazon and Google miscalculated how the voice assistants would be used, leading them to invest in areas with the technology that rarely paid off, former employees said. When those experiments failed, enthusiasm for the technology waned at the companies, they said.

Voice assistants are “dumb as a rock,” Satya Nadella, Microsoft's chief executive, said in an [interview](#) this month with The Financial Times, declaring that newer A.I. would lead the way. Microsoft has worked closely with OpenAI, investing [\\$13 billion](#) in the start-up and incorporating its technology into the Bing search engine, as well as other products.



Siri also had a cumbersome design that made it time-consuming to add new features, said Mr. Burkey, who was given the job of improving Siri in 2014. Siri's database contains a gigantic list of words, including the names of musical artists and locations like restaurants, in nearly two dozen languages.

That made it "one big snowball," he said. If someone wanted to add a word to Siri's database, he added, "it goes in one big pile."

So seemingly simple updates, like adding some new phrases to the data set, would require rebuilding the entire database, which could take up to six weeks, Mr. Burkey said. Adding more complex features like new search tools could take nearly a year. That meant there was no path for Siri to become a creative assistant like ChatGPT, he said.

Alexa and Google Assistant relied on technology similar to Siri's, but the companies struggled to generate meaningful revenue with the assistants, former managers at Amazon and Google said. (In contrast, Apple successfully used Siri to entice buyers to its iPhones.)

# OpenAI releases ~~GPT-4~~, a multimodal AI that it claims is state-of-the-art

Kyle Wiggers



Robotics & AI

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Devin Coldewey

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OpenAI announces





# OpenAI announces GPT-4 – the next generation of its AI language model

The wait is over, now the hype can begin

JAMES VINCENT 12:06 AM GMT+7

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1

### Samsung's midrange A-series phones get a Galaxy S23 facelift

JON PORTER TWO HOURS AGO



The Verge

percentage and above, and a full list of exams and the system's scores can be seen [here](#).

Speculation about GPT-4 and its capabilities have been rife over the past year, with many suggesting it would be a huge leap over previous systems. However, judging from OpenAI's announcement, the improvement is more iterative, as the company previously warned.

"People are begging to be disappointed and they will be," said Altman in an interview about GPT-4 in January. "The hype is just like... We don't have an actual AGI and that's sort of what's expected of us."

The rumor mill was further energized last week after a Microsoft executive let slip that the system would launch this week in an interview with the German press. The executive also suggested the system would be multi-modal — that is, able to generate not only text but other mediums. Many AI researchers believe that multi-modal systems that integrate text, audio, and video offer the best path toward building more capable AI systems.

OpenAI originally delayed the release of its GPT models for fear they would be used for malicious purposes like generating spam and misinformation. But in late 2022, the company launched ChatGPT — a conversational chatbot based on GPT-3.5 that anyone could access. ChatGPT's launch triggered a frenzy in the tech world, with Microsoft soon following it with its own AI chatbot Bing (part of the Bing search engine) and Google scrambling to catch up.

As predicted, the wider availability of these AI language models has created problems and challenges. The education system is still adapting to the existence of software that writes respectable college essays; online sites like Stack Overflow and sci-fi magazine Clarkesworld have had to close submissions due to an influx of AI-generated content; and early uses of AI writing tools in journalism have been rocky at best. But, some experts have argued that the harmful effects have still been less than anticipated.

In its announcement of GPT-4, OpenAI stressed that the system had gone through six months of safety training, and that in internal tests, it was “82 percent less likely to respond to requests for disallowed content and 40 percent more likely to produce factual responses than GPT-3.5.”

However, that doesn't mean the system doesn't make mistakes or output harmful content. For example, Microsoft revealed that its Bing chatbot has been powered by GPT-4 all along, and many users were able to break Bing's guardrails in all sorts of creative ways, getting the bot to offer dangerous advice, threaten users, and make up information. GPT-4 also still lacks knowledge about events “that have occurred after the vast majority of its data cuts off” in September 2021



doesn't happen and we never have to use these, but we already have frameworks in place that we can modify.

You recently issued a statement about Andrea Riseborough. Do you expect similar social-media-fueled campaigns to spring up next year? 

I think social media is a space where, if used properly and used in an ethical, kind, fair way, is a great leveler. I think it can be a good thing. We just need to put some guardrails around that.

# 'guard rail

BrE / /

NAmE / /

**noun**

1. a rail placed on the edge of a path, a **cliff** or a boat to protect people and prevent them falling over the edge 护栏；扶栏
2. (NAmE) (BrE '**crash barrier**) a strong low fence or wall at the side of a road or between the two halves of a major road such as a **motorway** or **interstate** （高速公路或州际公路上的）防撞护栏，防撞墙



Day 9

protection  
/ safeguard →

cancel out →

There's some — to it.

Don't — — on the cost of childcare

## fall-back

BrE /'fɔːlbæk 

NAmE /'fɔːlbæk 

### noun

a plan or course of action that is ready to be used in an emergency if other things fail 应变计划；退路

- ◆ What's our fallback if they don't come up with the money?    
要是他们拿不出钱，我们如何应变？
- ◆ We need a **fallback position** if they won't do the job.    
如果他们不干这个工作，我们就需要一个应变的方案。

## (be) careful what you wish for

### idiom

→ used to tell people to think before they say that they want something and to suggest that they may not actually want it

You think having twins would be fun? *Be careful what you wish for, you may just get it.*



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## Did the AI behind ChatGPT just get smarter?

The AI behind ChatGPT just got an upgrade. But it might not have all of the bells and whistles that some were expecting.

Thursday, March 16, 2023

20 min Options



GPT-4 has been widely awaited ever since ChatGPT burst onto the scene in late November, wowing users with its capabilities that were based on an older version of OpenAI's technology, known as a large language model. (Lionel Bonaventure/AFP/Getty Images)

GPT-4 will be around the same time, but the world

Democracy Dies in Darkness

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Weekdays



*"Mornings are busy. We make it easy for you to catch up."*

Tess Homan, Writer for The

12:00

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Good morning. It's Tuesday, March 7, and our politics team is answering your questions as the 2024 presidential race starts to take shape. Ask one [here](#). Now let's get to the news.





昨天是3月15日，听播客，有一句 be aware of the ai\*\*\* of March，听了好几遍也没听懂。查了一下发现是 ides, the ides of March 就是3月15日。听力之难，一是词汇和常见搭配，二是各种语音现象。读都读不懂，听肯定听不懂。听说读写译一定要结合起来，不知道怎么学，就先从词汇量和阅读量入手，逐渐结合听说写译全面开花。



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Ides of March - Wikipedia

The Ides of March is the 74th day in the Roman calendar, corresponding to 15 March. It was marked by several religious observances and was a deadline...

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# U.S. Pushes for TikTok Sale to Resolve National Security Concerns

*best weather* *addresses*

The demand hardens the White House's stance toward the popular video app, which is owned by the Chinese internet company ByteDance.

Give this article



18



The New York Times

TECHNOLOGY | U.S. Pushes for TikTok Sale to Resolve National Security Concerns

Give this article



18

WASHINGTON — The Biden administration wants TikTok's Chinese ownership to sell the app or face a possible ban, TikTok said on Wednesday, as the White House hardens its stance toward resolving national security concerns about the popular video service. → *quick*

The new demand to sell the app was delivered to TikTok in recent weeks, two people with knowledge of the matter said. TikTok is owned by the Chinese internet company ByteDance.

The move is a significant shift in the Biden administration's position toward TikTok, which has been under scrutiny over fears that Beijing could request Americans' data from the app. The White House had been trying to negotiate an agreement with TikTok that would apply new safeguards to its data and eliminate a need for ByteDance to sell its shares in the app.

But the demand for a sale — coupled with the White House's support for legislation that would allow it to ban TikTok in the United States — hardens the administration's approach. It harks back to the position of former President Donald J. Trump, who threatened to ban TikTok unless it was sold to an American company. *many, wed*

TikTok said it was **weighing its options** and was disappointed by the decision. The company said its security proposal, which involves storing Americans' data in the United States, offered the best protection for users.

"If protecting national security is the objective, divestment doesn't solve the problem: A change in ownership would not impose any new restrictions on data flows or access," Maureen Shanahan, a spokeswoman for TikTok, said in a statement.

TikTok's chief executive, [Shou Zi Chew](#), is scheduled to testify before the House Energy and Commerce Committee next week. He is expected to face questions about the app's ties to China, as well as concerns that it delivers harmful content to young people.

A White House spokeswoman declined to comment, as did a spokeswoman for the Treasury Department, which has led the negotiations with TikTok. The Justice Department also declined to comment. The demand for a sale [was reported earlier](#) by The Wall Street Journal.

#### Editors' Picks

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Did you find this information helpful?

Yes No

The Trump administration eventually appeared to [reach a deal](#) for ByteDance to sell part of TikTok to Oracle, the U.S. cloud computing company, and Walmart. But the potential transaction never **came to fruition**.

CFIUS staff and TikTok continued to negotiate a deal that would allow the app to operate in America. TikTok submitted a major draft of an agreement — which TikTok has called Project Texas — in August. Under the proposal, the company said it would store data belonging to U.S. users on server computers run by Oracle inside the United States.

TikTok officials have not heard back from CFIUS officials since they submitted their proposal, the company said.

In that vacuum, concerns about the app have intensified. States, schools and Congress have enacted bans on TikTok. Last year, a company [investigation](#) found that Chinese-based employees of ByteDance had access to the data of U.S. TikTok users, including reporters.





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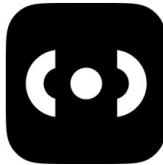
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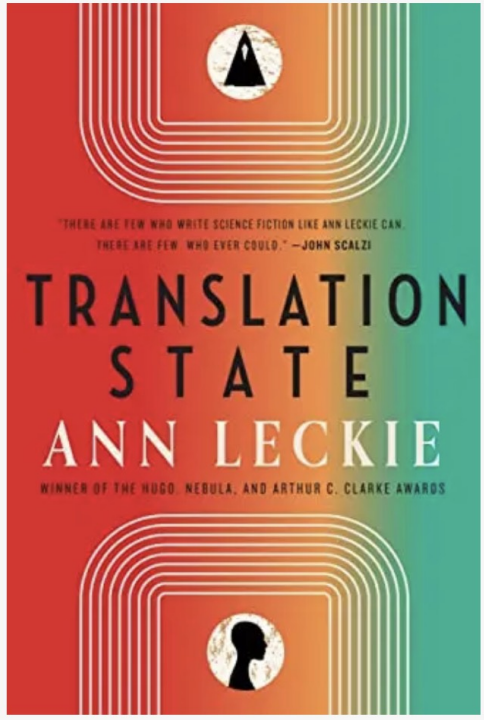




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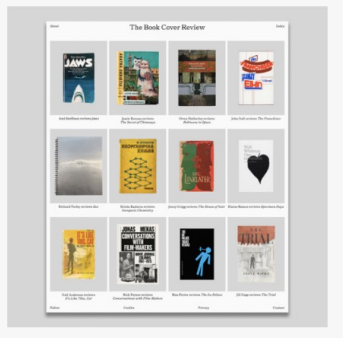
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Jasmine Apple in Book Your Imagination  
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**A** Stef W. Kight & Andrew Solender  
3h · Politics & Policy

## GOP hardliners eye budgets as next front in "weaponization" fight



Illustration: Sarah Grillo / Axios

Top House conservatives are targeting the budgets of federal law enforcement agencies as part of their scrutiny of the ["weaponization" of the federal government](#).

**Why it matters:** Hearings, document dumps and deposition transcripts make for good media fodder, but Congress' real power over the other branches of government is its control of the federal purse strings.

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Zachary Basu

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## Looming Trump charges threaten to inject chaos into 2024 campaign



Photo illustration: Aida Amer / Axios. Photo: Mario Tama / Getty Images

In a matter of days, a [grand jury in Manhattan](#) could turn the 2024 campaign on its head by making Donald Trump the first former president in U.S. history to face criminal charges.

**Why it matters:** The state investigation into Trump's alleged hush money payments to porn star Stormy Daniels in 2016 may be the tip of the spear when it comes to the [many legal threats](#) bearing down on the former president — the front-runner for the 2024 GOP nomination.

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**A** Ashley Gold & Sara Fischer  
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# U.S. tells TikTok owners to sell app or face a ban

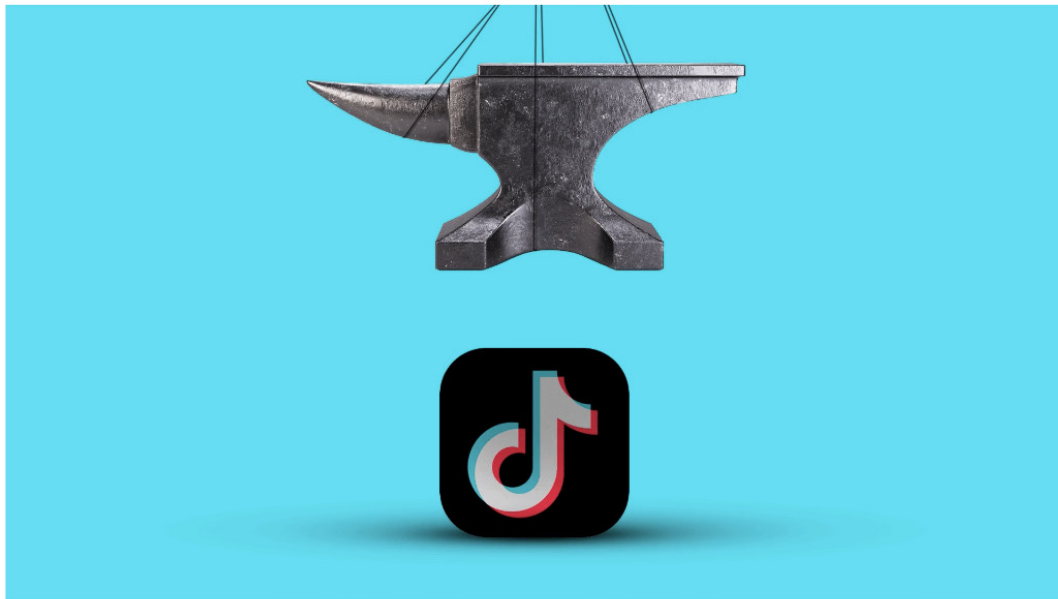


Illustration: Natalie Peeples / Axios

The Biden Administration has warned TikTok that it faces a ban in the U.S. if its [Chinese](#) parent company, ByteDance, does not sell its stake in the U.S. version of the app, a source confirmed to Axios.

**Why it matters:** TikTok has become one of the most popular mobile apps in the country, amassing over 100 million U.S. users. Banning it would have an immediate impact on millions of everyday Americans, and would mark a significant escalation of tensions between China and the U.S.

Go deeper





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**Why it matters:** TikTok has become one of the most popular mobile apps in the country, amassing over 100 million U.S. users. Banning it would have an immediate impact on millions of everyday Americans, and would mark a significant escalation of tensions between China and the U.S.

**Details:** The Committee on Foreign Investment in the United States (CFIUS), a regulatory arm that reviews foreign investments in the U.S., told TikTok that the government planned to ban the app in the U.S. if its owners didn't sell it, according to a TikTok source familiar with the situation.

- Their outreach included a broad outline of what a proposal for TikTok to remain in the U.S. would look like to satisfy the government's national security concerns.

**Yes, but:** It's is not clear to TikTok what CFIUS means by having its owners divest their stake, given that a large percentage of ByteDance's shares are owned by global investment firms, the TikTok source noted, adding that CFIUS did not provide details or a written order.

- The source said the company wants to resolve these questions and will continue to invest in data security efforts, like [Project Texas](#), a series of steps TikTok is taking alongside U.S. software giant Oracle to separate its U.S. operations' backend functions and code from its Chinese arm.



**What they're saying:** TikTok argues divestiture wouldn't address the government's national security concerns.

- “If protecting national security is the objective, divestment doesn't solve the problem: a change in ownership would not impose any new restrictions on data flows or access,” it said in a statement.
- “The best way to address concerns about national security is with the transparent, U.S.-based protection of U.S. user data and systems, with robust third-party monitoring, vetting, and verification, which we are already implementing.”

**The other side:** TikTok's critics say that Chinese laws require Chinese-owned companies to share data with the Chinese government and argue that as long as the company is controlled by Chinese owners, the U.S. can't be certain American users' data is safe.

**How we got here:** The Trump Administration [threatened to ban](#) TikTok in 2020 if it didn't sell to a U.S. company, citing national security concerns.

- At the time, TikTok was the fastest-growing app in the U.S., thanks to the pandemic-driven lockdowns coupled with billions of dollars in paid marketing.
- The Biden Administration has been privately working to negotiate a deal with TikTok that would address its national security concerns ever since.

TikTok's Project Texas proposal involves [working with](#)



- TikTok's Project Texas proposal involves [working with U.S. software giant Oracle](#) to store all U.S. user data in the U.S., and giving Oracle access to audit its algorithms and content moderation policies.

**The big picture:** The Biden administration and members of Congress have [ramped up criticism](#) of TikTok and Chinese technology firms broadly in recent weeks.

- Last week, a bipartisan group of 12 senators [introduced](#) legislation that would empower the Commerce Department to ban any Chinese technology that was deemed an immediate national security concern.
- Last December, the Senate [passed a bill](#) to ban TikTok on government devices.
- The Wall Street Journal [first reported](#) the news that CFIUS contacted TikTok about the possible ban.

**Be smart:** Those efforts have made it appear less likely that TikTok's desired data security deal, which has been under review for more than two years, will be considered sufficient to satisfy the government's concerns.

- TikTok, meanwhile, has been making the rounds from Washington to the South by Southwest Festival to tout the Project Texas initiative.

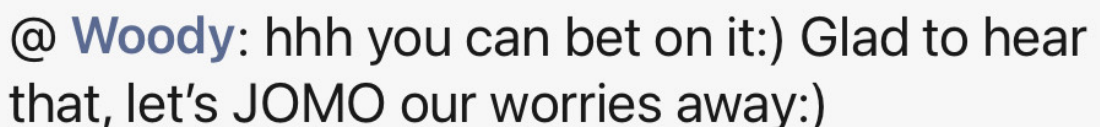
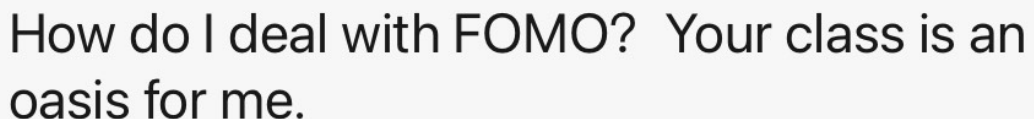
**What to watch:** Shou Zi Chew, TikTok's chief executive, is set to testify in Congress next week.



**theSkimm**  
This could be the most significant national abortion case since the Supreme Court overruled *Roe v. Wade*. Now, the decision of your local judge in the Lone Star State could affect reproductive access to millions of women, and it will be based on the FDA's authority over the

Why it matters: TikTok has become one of the most popular mobile apps in the country, attracting over one million U.S. users. Banning it would have an immediate impact on millions of everyday Americans and would mark a significant escalation of tensions between China and the U.S.

- The source said the company wants to resolve these questions and will continue to invest in data security efforts, like Project Zero, a series of workshops taking alongside U.S. software giant Oracle to improve

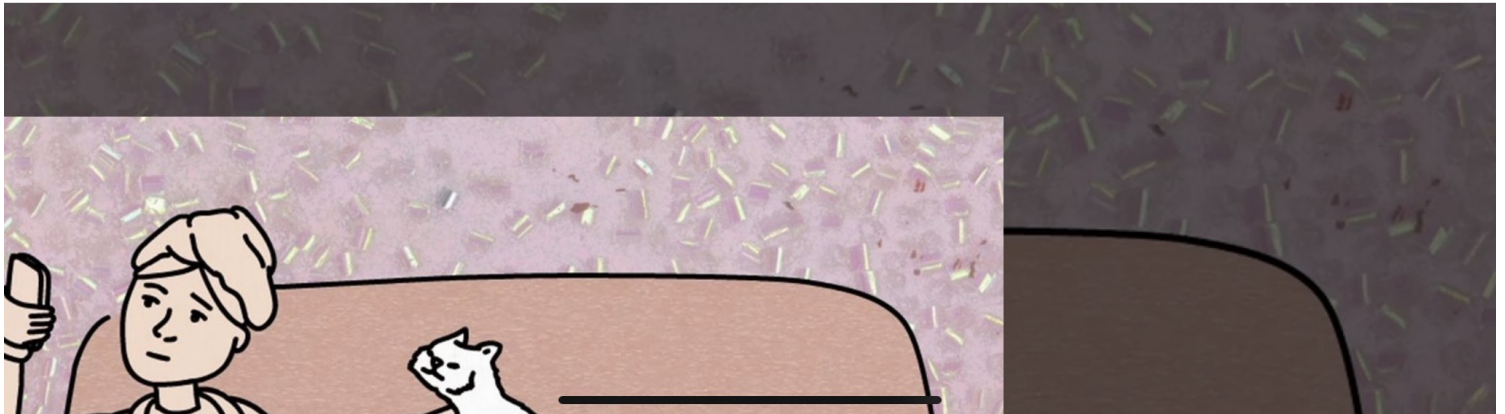


TIME HACKERS | BURNOUT

## The one thing ruining your free time



(Image credit: Leah Dubuc)



By **Elizabeth Hotson and Leah Dubuc** 8th December 2019

It's easy to fall victim to 'time confetti' – unpleasant moments or tasks during our leisure time that spoil our relaxation – but fear not, there's a cure.

**M**

aking the most of our free time helps us forget about work and goes a long way toward preventing **burnout**. But often, when we try to relax, the pings, notifications and small, mundane obligations all add up until, suddenly, we've wasted all of our "me time".

It's a concept called 'time confetti': we fragment our leisure hours into short, unenjoyable moments that end up stressing us out rather than relaxing us. Retaking control requires us to make a conscious effort to **avoid distractions**, center our focus on one thing at a time and **reevaluate** what's truly important to us.

In the video above, Harvard Business School assistant professor Ashley Whillans explains how to ward off your time confetti blues.



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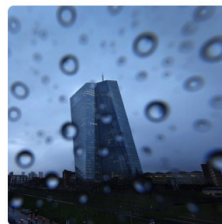
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Bringing you up to speed  
is like trying to explain Norway to a dog.



## Catch up: Credit Suisse's \$54bn central-bank lifeline; America's tumbling stockmarket

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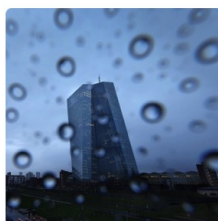
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## Catch up: Credit Suisse's \$54bn central-bank lifeline; America's tumbling stockmarket

The world in brief • Mar 16th 2023 • 2 min read

[Listen to The world in brief \(Recorded\)](#)



**Credit Suisse** said it would borrow up to SFr50bn (\$53.7bn) from **Switzerland's central bank** in an attempt to strengthen its liquidity. On Wednesday its share price [plunged](#) by as much as 30%, to a record low, after Saudi National Bank, its largest shareholder, ruled out more investment. The bank will also try to buy back around SFr3bn of its debt.



Worries about **banks'** stability **ricocheted** throughout the sector and beyond. First Republic, a mid-tier American lender, shed a fifth of its market value after S&P Global Ratings downgraded its credit rating to “junk”. The yield on the two-year Treasury approached a six-month low amid demand for safe-haven assets. Judging by interest-rate futures, investors think that the Federal Reserve will now keep rates unchanged later this month.

---

**North Korea** launched an **intercontinental ballistic missile** for the first time in a month, just hours before the leaders of South Korea and Japan were due to meet in Tokyo for talks over historical forced labour. The missile—fired in the fourth launch from North Korea in a week—landed in waters west of Japan. Yoon Suk-yeol, South Korea's president, said his neighbour to the north would pay for its “reckless provocations”.

↳ pr —

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The Biden administration has told TikTok it may ban the video-sharing app in America unless its Chinese owners sell their stakes, according to reports. Officials and legislators are concerned that American users' data could be passed to China's government; the app is already banned on federal-government devices. Shou Zi Chew, TikTok's chief executive, will testify before Congress next week on data security and ties to China.

---

The **IMF** could announce a four-year loan worth \$15.6bn for **Ukraine** as early as this week, reports suggested. A fund official said that “very good progress” has been made in their negotiations. Ukraine, foreseeing a budget deficit of \$38bn this year, has already secured \$28bn in aid from America and the EU.

---

**Guo Wengui**, a billionaire wanted for corruption and bribery in China, was charged in New York with fraud and money-laundering. Federal prosecutors said that Mr Guo and his at-large financial advisor, Kin Ming Je, defrauded victims of over \$1bn, promising “outsized returns” if they invested in various companies. In 2020 Steve Bannon, a business associate, was arrested on Mr Guo's yacht.

---

**NASA** unveiled its new **spacesuit** design, for use when it returns humankind to the moon aboard Artemis III in 2025. The black and (relatively) tight-fitting spacewear will, says America's space agency, allow for greater manoeuvrability.

**One giant leap:** it has been designed to fit both women and men (a female astronaut will be aboard the mission). In 2019 an all-women spacewalk was delayed for lack of enough female-fitting suits.

---

**Fact of the day:** 7m, the workers Germany's labour market will lose by 2035 without reforms, according to the Institute for Employment Research. Read the full story.

# Baidu's new chatbot enters the search wars

The world in brief • Mar 16th 2023 • 1 min read



In a highly publicised conference, Baidu, China's search-engine giant, released its much-anticipated AI-powered chatbot. "Ernie" weighed in on Chinese science fiction, did some maths and generated a video and image from text prompts. But the brief pre-recorded demo underwhelmed; shares in Baidu slid by as much as 10% on Thursday. The company was responding to a [flurry of similar tools](#) recently issued by American tech companies. The rush started in November with [ChatGPT](#), a chatbot created by OpenAI, a Silicon Valley startup. Within two months ChatGPT had accrued over 100m monthly active users, making it the fastest-growing consumer application in history, according to UBS, a bank.

In February Microsoft, which owns 49% of OpenAI, added ChatGPT's capabilities to Bing, its search engine. Alphabet, Google's parent company, promptly launched Bard, its own bid for AI chatbot glory. A number of search startups, including Neeva and You.com, have introduced their own bots, too. All are betting that chatbots will upend the [online search market](#), dominated by Google for decades. If so, the future of search might be AI-powered assistants that can summarise websites and respond thoughtfully to questions. Ernie will have plenty of friends.



# Israel's ever-growing civil unrest

The world in brief • Mar 16th 2023 • 1 min read



Tens of thousands of pro-democracy demonstrators took to the streets of Israel on Thursday for a so-called “Day of Disruption”. They have been protesting for more than two months against a judicial overhaul being pushed through by the hard-right government of Binyamin Netanyahu, the prime minister, which will [weaken](#) the powers of the Supreme Court. Hoping to avert a crisis the president, Isaac Herzog, proposed his own, slimmed-down version of the legislation on Wednesday evening, only for it to be rejected by Mr Netanyahu’s government.

The unrest is expected to reach breaking-point next week, when the first tranche of legislation is scheduled to be brought to the Knesset, Israel’s parliament, for its second and third readings. Protesters say that if the government does not back down, they will bring the [economy](#) to a standstill through transport blockades and strikes, as well as encourage massive disobedience in the army’s reserve units.



# SVB complicates Europe's fight against inflation

The world in brief • Mar 16th 2023 • 1 min read



Policymakers at the European Central Bank could be forgiven for thinking they had weathered the storm. After all, headline inflation in the euro zone peaked at 10.6% in October; last month it stood at 8.5%. The ECB also quelled fears of another debt crisis in southern Europe with a [bond-buying scheme](#) that capped the borrowing costs of indebted states. A widely feared recession seems unlikely now.

But a meeting on Thursday of the ECB's interest-rate setters will be tense. The collapse of Silicon Valley Bank last week, and a rout in Credit Suisse shares on Wednesday, have raised fears of a spillover from the banking sector into the wider economy. That has spurred doubt over whether the ECB will increase its deposit interest rate by the 0.5 percentage points markets had expected. Yet the urgency to fight rising prices in the euro zone is growing—underlying inflation, which excludes energy and food, is [higher than in America](#), and rising. Policymakers face an especially difficult balancing act.



# An ecological whodunnit on stage

The world in brief • Mar 16th 2023 • 1 min read



What if humans judged animal lives as valuable as their own? That is the premise of “Drive Your Plow Over the Bones of the Dead”, an eco-[murder mystery](#) published in 2009 by Olga Tokarczuk, a [Polish Nobel-winning novelist](#). Janina, an eccentric retiree and devoted astrologer, turns sleuth when a series of mysterious deaths takes place in her isolated village in south-western Poland. One by one, men from the local hunting club become prey. Hoof tracks in the snow implicate the local wildlife.

In 2017 Ms Tokarczuk’s novel was dramatised in [“Pokot”](#) (“Spoor”, referring to the track or scent of an animal), a film directed by Agnieszka Holland. On Thursday a new stage version has its premiere at the Barbican in London. In a recent interview Ms Tokarczuk said theatre was a unique medium that captures “the most ancient ways of experiencing a story.” To her, the “energy of real live people” will amplify her meditation on nature and justice.

## Daily quiz

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Our baristas will serve you a new question each day this week. On Friday your challenge is to give us all five answers and, as important, tell us the connecting theme. Email your responses (and include mention of your home city and country) by 1700 GMT on Friday to [QuizEspresso@economist.com](mailto:QuizEspresso@economist.com).

**Thursday:** What type of weather comes in three types: relief, convectional and frontal?

**Wednesday:** Which spice, often used to flavour ice cream, is derived from a species of orchid?